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KENSOK JA	MES M									
Form 4 February 12,	2007									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION						ОМВ	PPROVAL 3235-0287			
Washington, D.C. 20549Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations 							Number:January 3Expires:20Estimated averageburden hours perresponse0			
(Print or Type F	Responses)									
1. Name and A KENSOK JA	Symbol	2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Mi		3. Date of Earliest Transaction (Check				ck all applicable	e)		
1411 E MIS	SION AVENUE	(Month/Da 02/08/20	-				Director X Officer (give below) Vice 1		o Owner er (specify O	
	(Street)	4. If Amen Filed(Mont	dment, Date Original h/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
SPOKANE,	WA 99202							More than One Re		
(City)	(State) (Z	Zip) Table	I - Non-De	erivative S	ecurit	ies Acq	uired, Disposed of	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	Disposed	d (A) of d of (D 4 and (A))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock -	02/08/2007		Code V	Amount	. ,	Price (<u>1)</u>	(Instr. 3 and 4) 2,062	D		
Restricted Shares										

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)8.(Instr. 3 and 4)5.	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Performance Shares	(2)	02/08/2007		А	3,000	(3)	(3)	Common Stock	3,000

Reporting Owners

Relationships						
Director	10% Owner	Officer	Other			
		Vice President & CIO				
	Director		Director 10% Owner Officer			

/s/ James M. Kensok <u>**</u>Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common Stock at the end of each year in the three-year period.
- (2) No conversion price. Shares awarded if performance measure is met.
- (3) Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.