POMPA MARK A Form 4 December 06, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB Number:

5. Relationship of Reporting Person(s) to

Issuer

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

POMPA MARK A

1. Name and Address of Reporting Person *

may continue.

			EMCOR GROUP INC [EME]					(Check all applicable)			
			of Earliest Transaction Day/Year) 2006			Director 10% Owner SVP, CAO & Treasurer		Owner er (specify			
				ndment, Date Original th/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
NORWALK, CT 06851								Person			
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	12/05/2006			M	5,000	A	\$ 8.095	26,148	D		
Common Stock	12/05/2006			S	1,000	D	\$ 61.16	25,148	D		
Common Stock	12/05/2006			S	400	D	\$ 61.12	24,748	D		
Common Stock	12/05/2006			S	600	D	\$ 61.21	24,148	D		
Common Stock	12/05/2006			S	800	D	\$ 61.18	23,348	D		

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Common Stock	12/05/2006	S	200	D	\$ 61.31	23,148	D
Common Stock	12/05/2006	S	300	D	\$ 61.3	22,848	D
Common Stock	12/05/2006	S	700	D	\$ 61.35	22,148	D
Common Stock	12/05/2006	S	1,000	D	\$ 61	21,148 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number oppf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date curities (Month/Day/Year) quired) or sposed of) str. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to	\$ 8.095	12/05/2006		M	5,000	01/04/2000	01/03/2009	Common Stock	5,000

Reporting Owners

buy) (2)

Reporting Owner Name / Address	Relationships							
• 0	Director	10% Owner	Officer	Other				
POMPA MARK A 301 MERRITT SEVEN			SVP, CAO					
NORWALK CT 06851			& Treasurer					

Reporting Owners 2 Edgar Filing: POMPA MARK A - Form 4

Signatures

Mark A. Pompa 12/06/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
- (2) Derivative security is an employee stock option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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