

EMCOR GROUP INC
Form 4
May 18, 2007

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CAMMAKER SHELDON I

(Last) (First) (Middle)
301 MERRITT SEVEN

(Street)

NORWALK, CT 06851

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
EMCOR GROUP INC [EME]

3. Date of Earliest Transaction (Month/Day/Year)
05/16/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
EVP, Gen Counsel & Secretary

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(A) or (D)	5. Amount or Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/16/2007		M	20,000	A	\$ 12.72	50,491	D	
Common Stock	05/16/2007		S	3,000	D	\$ 64	47,491	D	
Common Stock	05/16/2007		S	1,100	D	\$ 64.01	46,391	D	
Common Stock	05/16/2007		S	500	D	\$ 64.03	45,891	D	
Common Stock	05/16/2007		S	400	D	\$ 64.04	45,491	D	

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Common Stock	05/16/2007	S	3,900	D	\$ 64.05	41,591	D
Common Stock	05/16/2007	S	1,300	D	\$ 64.06	40,291	D
Common Stock	05/16/2007	S	700	D	\$ 64.07	39,591	D
Common Stock	05/16/2007	S	900	D	\$ 64.08	38,691	D
Common Stock	05/16/2007	S	300	D	\$ 64.09	38,391	D
Common Stock	05/16/2007	S	1,000	D	\$ 64.1	37,391	D
Common Stock	05/16/2007	S	2,700	D	\$ 64.11	34,691	D
Common Stock	05/16/2007	S	300	D	\$ 64.12	34,391	D
Common Stock	05/16/2007	S	500	D	\$ 64.13	33,891	D
Common Stock	05/16/2007	S	100	D	\$ 64.14	33,791	D
Common Stock	05/16/2007	S	300	D	\$ 64.15	33,491	D
Common Stock	05/16/2007	S	500	D	\$ 64.16	32,991	D
Common Stock	05/16/2007	S	500	D	\$ 64.18	32,491	D
Common Stock	05/16/2007	S	200	D	\$ 64.19	32,291	D
Common Stock	05/16/2007	S	600	D	\$ 64.2	31,691	D
Common Stock	05/16/2007	S	100	D	\$ 64.23	31,591	D
Common Stock	05/16/2007	S	200	D	\$ 64.27	31,391	D
Common Stock	05/16/2007	S	400	D	\$ 64.3	30,991	D
Common Stock	05/16/2007	S	200	D	\$ 64.31	30,791	D
Common Stock	05/16/2007	S	100	D	\$ 64.32	30,691	D
	05/16/2007	S	200	D		30,491 ⁽¹⁾	D

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Common Stock \$ 64.34

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 12.72	05/16/2007		M	20,000	01/02/2002	01/01/2011	Common Stock	20,000

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
CAMMAKER SHELDON I 301 MERRITT SEVEN NORWALK, CT 06851	EVP, Gen Counsel & Secretary

Signatures

Sheldon I. Cammaker 05/18/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes shares issuable in respect of restricted stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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