EMCOR GROUP INC

Form 4 April 23, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Section 16.

SECURITIES

may continue. See Instruction

1(b).

Form 4 or

obligations

Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * MACINNIS FRANK T			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			EMCOR GROUP INC [EME]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
301 MERRITT SEVEN			(Month/Day/Year)	X Director 10% Owner			
			04/21/2010	_X_ Officer (give title Other (specify below)			
				Chairman & CEO			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line) X Form filed by One Reporting Person			

NORWALK, CT 06851

(City)	(State)	(Zip) Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Transaction Date 2A. Deemed			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	04/21/2010		D	4,080	D	\$ 27	759,794	D	
Common Stock	04/21/2010		D	4,220	D	\$ 27.01	755,574	D	
Common Stock	04/21/2010		D	1,600	D	\$ 27.02	753,974	D	
Common Stock	04/21/2010		D	2,700	D	\$ 27.03	751,274	D	
Common Stock	04/21/2010		D	1,700	D	\$ 27.04	749,574	D	

OMB APPROVAL

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Person

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Common Stock	04/21/2010	D	1,078	D	\$ 27.05	748,496	D
Common Stock	04/21/2010	D	1,322	D	\$ 27.06	747,174	D
Common Stock	04/21/2010	D	700	D	\$ 27.07	746,474	D
Common Stock	04/21/2010	D	1,500	D	\$ 27.08	744,974	D
Common Stock	04/21/2010	D	500	D	\$ 27.09	744,474	D
Common Stock	04/21/2010	D	200	D	\$ 27.1	744,274	D
Common Stock	04/21/2010	D	200	D	\$ 27.11	744,074	D
Common Stock	04/21/2010	D	200	D	\$ 27.12	743,874	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerci	isable and	7. Title	e and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	te	Amou	nt of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/Y	(ear)	Under	lying	Security	5
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	J
	Derivative				Securities			(Instr.	3 and 4)		(
	Security				Acquired						J
					(A) or						J
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
									or		
						Date	Expiration		Number		
						Exercisable Date		of			
				Code V	(A) (D)				Shares		
				Code v	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Reporting Owners 2

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MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851

X Chairman & CEO

Signatures

Frank T. 04/23/2010 MacInnis

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3