MCCANN CHRISTOPHER G

Form 4 May 02, 2018

FORM 4

Check this box

if no longer

Section 16.

Form 4 or

subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * MCCANN CHRISTOPHER G

(First)

(Street)

2. Issuer Name and Ticker or Trading

Symbol

1 800 FLOWERS COM INC

(Check all applicable)

5. Relationship of Reporting Person(s) to

[FLWS]

3. Date of Earliest Transaction

(Middle)

(Month/Day/Year) 05/01/2018

X Director X__ 10% Owner X_ Officer (give title _ Other (specify

below) CEO and President

ONE OLD COUNTRY ROAD, SUITE 500

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Issuer

CARLE PLACE, NY 11514

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative	Securi	ities Acqu	ired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	05/01/2018		M	15,000	A	\$ 1.79	965,626	D	
Class A Common Stock	05/01/2018		S	15,000	D	\$ 12.28 (1)	950,626	D	
Class A Common Stock							99,027	I	I (2)
Class A							250,000	I	I (2)

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Common Stock			
Class A Common Stock	340,000	I	I (2)
Class A Common Stock	110	I	I (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 1.79	05/01/2018		M	15,000	<u>(4)</u>	10/26/2020	Common Stock	15,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MCCANN CHRISTOPHER G ONE OLD COUNTRY ROAD SUITE 500 CARLE PLACE, NY 11514	X	X	CEO and President				

Signatures

/s/Christopher G. 05/02/2018 McCann

Date

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**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The price in Column 4 is a weighted average price. The shares were disposed of in multiple transactions ranging from \$11.80 to \$12.65,
- (1) inclusive. The reporting person undertakes to provide to 1-800-Flowers.com, Inc., or the Staff of The Securities and Exchange Commission, upon request full information regarding the number of shares sold at each separate price within the range set forth above.
- (2) Shares held by a Grantor Retained Annuity Trust of which Reporting Person is the Trustee.
- (3) Shares held by Reporting Person as custodian for his son.
- (4) The options were granted on 10/26/2010 and vested ratably over 8 years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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