Unum Group Form 4 December 06, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

OMB APPROVAL

OMB Number:

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January 31, 2005

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1. Name and Address of Reporting Person * MCCARTHY KEVIN P			2. Issuer Name and Ticker or Trading Symbol Unum Group [UNM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)			
1 FOUNTAIN	SQUARE		(Month/Day/Year) 12/04/2013	Director 10% OwnerX Officer (give title Other (specify below) EVP & Chief Operating Officer			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
CHATTANOOGA, TN 37402			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	12/04/2013		M(1)	1,000	A	\$ 23.74	177,993 <u>(2)</u>	D	
Common Stock	12/04/2013		M(1)	1,060	A	\$ 20.78	179,053 (3)	D	
Common Stock	12/04/2013		M(1)	1,060	A	\$ 26.29	180,113 (4)	D	
Common Stock	12/04/2013		M(1)	760	A	\$ 23.35	180,873 (5)	D	
Common Stock	12/04/2013		S(1)	3,880	D	\$ 34	176,993 <u>(6)</u>	D	

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Common Stock	12/05/201	13	M <u>(1)</u>	1,518 A	A \$ 23	3.35	178,511 <u>(7)</u>	D			
Common Stock							1,856.36	I	By N-Q 401(k) Plan		
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	(e.g., pt		4. Transaction	Transaction of Derivative		6. Date Exer	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (right to buy)	\$ 23.74	12/04/2013		M <u>(1)</u>		1,000	<u>(8)</u>	02/21/2016	Common Stock	1,000	
Employee Stock Option (right to buy)	\$ 20.78	12/04/2013		M <u>(1)</u>		1,060	<u>(9)</u>	02/25/2018	Common Stock	1,060	
Employee Stock Option (right to buy)	\$ 26.29	12/04/2013		M <u>(1)</u>		1,060	(10)	02/22/2019	Common Stock	1,060	
Employee Stock Option (right to	\$ 23.35	12/04/2013		M <u>(1)</u>		760	<u>(11)</u>	02/21/2020	Common Stock	760	

buy)

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Employee

Stock Option \$23.35 12/05/2013 $M_{\underline{}}^{(1)}$ 1,518 $\underline{}^{(11)}$ 02/21/2020 $\underline{}$ Common Stock 1,518

(right to buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MCCARTHY KEVIN P 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402

EVP & Chief Operating Officer

Signatures

/s/ Jullienne, J. Paul,

Attorney-in-Fact 12/06/2013

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 14, 2013.
- (2) Includes 84,727 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), and 93,266 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (3) Includes 84,727 stock-settled RSUs, and 94,326 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (4) Includes 84,727 stock-settled RSUs, and 95,386 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (5) Includes 84,727 stock-settled RSUs, and 96,146 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (6) Includes 84,727 stock-settled RSUs, and 92,266 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (7) Includes 84,727 stock-settled RSUs, and 93,784 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (8) The options vest in three equal annual installments beginning on February 21, 2009.
- (9) The options vest in three equal annual installments beginning on February 25, 2011.
- (10) The options vest in three equal annual installments beginning on February 22, 2012.
- (11) The options vest in three equal annual installments beginning on February 21, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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