KNUEPPEL HENRY W

Form 4 May 13, 2010

FORM 4

Check this box

if no longer

subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

Section 16. Form 4 or Form 5 obligations

1. Name and Address of Reporting Person *

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

KNUEPPEL HENRY W

may continue.

See Instruction

			REGAL BELOIT CORP [RBC]				SC]	(Check all applicable)		
(Last) (First) (Middle) 200 STATE STREET			05/11/2010					_X_ Director _X_ Officer (give below)	10	% Owner
				iled(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Tal	ble I - Nor	-Derivativ	e Secu	ırities Acqu	ired, Disposed of	f, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Da	Date, if	Code (Instr. 8)	Our Dispos (Instr. 3, 4	(A) or (D)	Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Stock	05/11/2010			M	56,000	A	\$ 36.36	436,115	D	
Common Stock								12,522 (3)	I	Retirement Savings Plan
Common Stock	05/11/2010			F	42,993	D	\$ 62.29	393,122	D	
Common Stock	05/12/2010			S	20,000	D	\$ 63.4743 (4)	373,122	D	
	05/12/2010			S	20,000	D		353,122	D	

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Common \$
Stock 65.0077

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Am Underlying Sec (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title ON N
Stock Appreciation Rights	\$ 42.65					05/08/2011(1)	05/08/2019	Common Stock
Stock Appreciation Rights	\$ 42.28					05/02/2010(1)	05/02/2018	Common Stock
Stock Appreciation Rights	\$ 48.05					02/06/2009(2)	02/06/2017	Common Stock
Non-qualified Stock Option	\$ 36.36	05/11/2010		M	56,000	01/27/2008	01/27/2016	Common Stock

Reporting Owners

Reporting Owner Name / Address	Keiauonsnips						
	Director	10% Owner	Officer	Other			
KNUEPPEL HENRY W							
200 STATE STREET	X		Chairman/CEO				
BELOIT, WI 53511							

Reporting Owners 2

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Signatures

/s/ Henry W. 05/13/2010 Knueppel

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Granted as stock-settled SARs under the 2007 Equity Incentive Plan. The SARs vest and become exerciseable 40% on the second anniversary of the date of the grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- (2) Granted as stock-settled SARs under the 2003 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary of the date of the grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- (3) Balance reflects the most current data available with regard to holdings in the Regal Beloit Corporation Retirement Savings Plan.
- The Price in Column 4 is a weighted average price. The prices actually received ranged from \$63.30 to \$63.62. The reporting person has provided to the issuer, and will provide to any security holder of the issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range for all transaction reported in this Form 4 utilizing an average weighted price.
- The Price in Column 4 is a weighted average price. The prices actually received ranged from \$65.00 to \$65.04. The reporting person has provided to the issuer, and will provide to any security holder of the issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range for all transaction reported in this Form 4 utilizing an average weighted price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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