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TRUSTCO BANK CORP N Y
Form 13F-HR
January 13, 2011

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 13F
Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 12/31/2010
Check here if Amendment ; Amendment Number:

This Amendment (Check only one.): is a restatement.
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK CORP NY
Address: 5 SARNOWSKI DRIVE
GLENVILLE, NY 12302

Form 13F File Number: 028-06657

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Persons Signing this Report on Behalf of Reporting Manager:

Name: RICHARD W PROVOST
Title: SENIOR TRUST OFFICER
Phone: 518-381-3643

Signature, Place, and Date of Signing:

/s/ RICHARD W PROVOST GLENVILLE, NY 1/10/2011

[Signature] [City, State] [Date]

Report Type (Check only one):

- 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
- 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
- 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

List of Other Managers Reporting for this Manager:

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1
 Form 13F Information Table Entry Total: 223
 Form 13F Information Table Value Total: \$ 104,697

 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

| No. | Form 13F File Number | Name |
|------|----------------------|--------------|
| 7000 | 028-10307 | TRUSTCO BANK |

FORM 13F INFORMATION TABLE

| COLUMN 1 | COLUMN 2 | COLUMN 3 | COLUMN 4 | COLUMN 5 | COLUMN 6 | COLUMN 7 |
|-------------------------------|----------------|-----------|--------------------|--------------------|---------------------|--------------------------|
| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHRS OR PRN AMT | SH/ PUT/ CALL | INVESTMENT DISCRETION |
| AT&T INC | COM | 00206R102 | 1421 | 48360 | SH | DEFINED |
| AT&T INC | COM | 00206R102 | 544 | 18504 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| | | | 0 | 0 | | OTHER |
| ABBOTT LABORATORIES | COM | 2824100 | 2464 | 51434 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| ABBOTT LABORATORIES | COM | 2824100 | 333 | 6945 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| AIR PRODUCTS & CHEMICALS INC | COM | 9158106 | 455 | 5000 | SH | DEFINED |
| ALLSTATE CORP | COM | 20002101 | 196 | 6150 | SH | DEFINED |
| ALLSTATE CORP | COM | 20002101 | 38 | 1200 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| AMERICAN EXPRESS CO | COM | 25816109 | 350 | 8150 | SH | DEFINED |
| AMERICAN EXPRESS CO | COM | 25816109 | 64 | 1500 | SH | OTHER |
| APPLIED MATERIALS INC | COM | 38222105 | 1030 | 73300 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| APPLIED MATERIALS INC | COM | 38222105 | 39 | 2800 | SH | OTHER |
| AUTOMATIC DATA PROCESSING INC | COM | 53015103 | 462 | 9973 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| AUTOMATIC DATA PROCESSING INC | COM | 53015103 | 14 | 300 | SH | OTHER |
| BANK OF AMERICA CORP | COM | 60505104 | 580 | 43466 | SH | DEFINED |
| BANK OF AMERICA CORP | COM | 60505104 | 67 | 5028 | SH | OTHER |
| | | | 0 | 0 | | OTHER |

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| | | | | | | | |
|-----------------------------|-----|-----------|------|----------|--|---------|----|
| | | | 0 | 0 | | OTHER | 70 |
| BHP BILLITON LTD | FOR | 88606108 | 611 | 6575 SH | | DEFINED | 70 |
| BHP BILLITON LTD | FOR | 88606108 | 19 | 200 SH | | OTHER | 70 |
| BRISTOL-MYERS SQUIBB CO | COM | 110122108 | 172 | 6500 SH | | DEFINED | 70 |
| BRISTOL-MYERS SQUIBB CO | COM | 110122108 | 407 | 15386 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| CATERPILLAR INC | COM | 149123101 | 244 | 2600 SH | | DEFINED | 70 |
| CATERPILLAR INC | COM | 149123101 | 78 | 830 SH | | OTHER | 70 |
| CHEVRON CORP NEW | COM | 166764100 | 2570 | 28163 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| CHEVRON CORP NEW | COM | 166764100 | 459 | 5026 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| CISCO SYSTEMS INC | COM | 17275R102 | 949 | 46909 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| CISCO SYSTEMS INC | COM | 17275R102 | 52 | 2550 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| CITIGROUP INC | COM | 172967101 | 225 | 47600 SH | | DEFINED | 70 |
| CITIGROUP INC | COM | 172967101 | 27 | 5639 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| COCA COLA CO | COM | 191216100 | 3209 | 48792 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| COCA COLA CO | COM | 191216100 | 770 | 11700 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| COLGATE PALMOLIVE CO | COM | 194162103 | 1362 | 16944 SH | | DEFINED | 70 |
| COLGATE PALMOLIVE CO | COM | 194162103 | 386 | 4800 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| DISNEY WALT CO | COM | 254687106 | 1765 | 47046 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| DISNEY WALT CO | COM | 254687106 | 319 | 8500 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| DOW CHEMICAL CO | COM | 260543103 | 470 | 13774 SH | | DEFINED | 70 |
| DOW CHEMICAL CO | COM | 260543103 | 119 | 3471 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| DU PONT E I DE NEMOURS & CO | COM | 263534109 | 339 | 6800 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| DU PONT E I DE NEMOURS & CO | COM | 263534109 | 79 | 1586 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |

FORM 13F INFORMATION TABLE

| COLUMN 1 | COLUMN 2 | COLUMN 3 | COLUMN 4 | COLUMN 5 | COLUMN 6 | COLUMN 7 | |
|---------------------|----------------|-----------|--------------------|--------------------|---------------------|--------------------------|----|
| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHRS OR PRN AMT | SH/ PUT/ CALL | INVESTMENT DISCRETION | MA |
| ECOLAB INC | COM | 278865100 | 864 | 17141 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| ECOLAB INC | COM | 278865100 | 25 | 500 SH | | OTHER | 70 |
| EMERSON ELECTRIC CO | COM | 291011104 | 320 | 5600 SH | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| EMERSON ELECTRIC CO | COM | 291011104 | 86 | 1513 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| EXELON CORP | COM | 30161N101 | 717 | 17224 SH | | DEFINED | 70 |
| EXELON CORP | COM | 30161N101 | 131 | 3150 SH | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| EXXON MOBIL CORP | COM | 30231G102 | 5195 | 71048 SH | | DEFINED | 70 |

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| | | | | | | | |
|------------------------------|-----|-----------|------|--------|----|---------|----|
| EXXON MOBIL CORP | COM | 30231G102 | 2265 | 30972 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| GENERAL ELECTRIC CO | COM | 369604103 | 8522 | 465912 | SH | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| GENERAL ELECTRIC CO | COM | 369604103 | 4444 | 242955 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| GENERAL MILLS INC | COM | 370334104 | 998 | 28048 | SH | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| GENERAL MILLS INC | COM | 370334104 | 370 | 10400 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| GLAXOSMITHKLINE PLC | FOR | 37733W105 | 318 | 8116 | SH | DEFINED | 70 |
| GLAXOSMITHKLINE PLC | FOR | 37733W105 | 196 | 5006 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| HEWLETT PACKARD CO | COM | 428236103 | 587 | 13950 | SH | DEFINED | 70 |
| HEWLETT PACKARD CO | COM | 428236103 | 160 | 3800 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| HOME DEPOT INC | COM | 437076102 | 431 | 12305 | SH | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| HOME DEPOT INC | COM | 437076102 | 72 | 2064 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| ITT CORP | COM | 450911102 | 201 | 3849 | SH | DEFINED | 70 |
| ITT CORP | COM | 450911102 | 36 | 700 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| INTEL CORP | COM | 458140100 | 1860 | 88439 | SH | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| INTEL CORP | COM | 458140100 | 224 | 10668 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| IBM CORP | COM | 459200101 | 1644 | 11203 | SH | DEFINED | 70 |
| IBM CORP | COM | 459200101 | 785 | 5350 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| ISHARES | MUT | 464287465 | 359 | 6166 | SH | DEFINED | 70 |
| JPMORGAN CHASE & CO | COM | 46625H100 | 1756 | 41392 | SH | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| JPMORGAN CHASE & CO | COM | 46625H100 | 349 | 8231 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| JACOBS ENGINEERING GROUP INC | COM | 469814107 | 386 | 8424 | SH | DEFINED | 70 |
| JACOBS ENGINEERING GROUP INC | COM | 469814107 | 21 | 450 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| JOHNSON & JOHNSON | COM | 478160104 | 4468 | 72240 | SH | DEFINED | 70 |
| | | | 0 | 0 | | DEFINED | 70 |
| JOHNSON & JOHNSON | COM | 478160104 | 823 | 13311 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |
| JOHNSON CONTROLS INC | COM | 478366107 | 627 | 16425 | SH | DEFINED | 70 |
| JOHNSON CONTROLS INC | COM | 478366107 | 84 | 2200 | SH | OTHER | 70 |
| | | | 0 | 0 | | OTHER | 70 |

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| | | | | | | |
|---------------------------------|-----|-----------|------|-----------|---------|----|
| KRAFT FOODS INC | COM | 50075N104 | 99 | 3152 SH | DEFINED | 70 |
| KRAFT FOODS INC | COM | 50075N104 | 133 | 4212 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| ELI LILLY & CO | COM | 532457108 | 163 | 4649 SH | DEFINED | 70 |
| ELI LILLY & CO | COM | 532457108 | 55 | 1556 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| LOWES COMPANIES INC | COM | 548661107 | 526 | 20967 SH | DEFINED | 70 |
| LOWES COMPANIES INC | COM | 548661107 | 14 | 550 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| MASCO CORP | COM | 574599106 | 192 | 15200 SH | DEFINED | 70 |
| MASCO CORP | COM | 574599106 | 27 | 2100 SH | OTHER | 70 |
| MCDONALDS CORP | COM | 580135101 | 210 | 2735 SH | OTHER | 70 |
| MCGRAW HILL COS INC | COM | 580645109 | 601 | 16509 SH | DEFINED | 70 |
| MCGRAW HILL COS INC | COM | 580645109 | 25 | 700 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| MEDTRONIC INC | COM | 585055106 | 1922 | 51809 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| MEDTRONIC INC | COM | 585055106 | 71 | 1904 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| MERCK & CO INC | COM | 58933Y105 | 109 | 3020 SH | DEFINED | 70 |
| MERCK & CO INC | COM | 58933Y105 | 150 | 4165 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| MICROSOFT CORP | COM | 594918104 | 3237 | 115993 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| MICROSOFT CORP | COM | 594918104 | 222 | 7963 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| NBT BANCORP INC | COM | 628778102 | 567 | 23486 SH | OTHER | 70 |
| NIKE INC | COM | 654106103 | 1033 | 12099 SH | DEFINED | 70 |
| NIKE INC | COM | 654106103 | 85 | 1000 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| NOKIA CORP | FOR | 654902204 | 211 | 20475 SH | DEFINED | 70 |
| NORFOLK SOUTHERN CORP | COM | 655844108 | 88 | 1400 SH | DEFINED | 70 |
| NORFOLK SOUTHERN CORP | COM | 655844108 | 113 | 1800 SH | OTHER | 70 |
| ORACLE CORP | COM | 68389X105 | 663 | 21175 SH | DEFINED | 70 |
| ORACLE CORP | COM | 68389X105 | 14 | 452 SH | OTHER | 70 |
| PEPSICO INC | COM | 713448108 | 2725 | 41711 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| PEPSICO INC | COM | 713448108 | 428 | 6550 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| PFIZER INC | COM | 717081103 | 525 | 30007 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| PFIZER INC | COM | 717081103 | 206 | 11767 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| PHILIP MORRIS INTERNATIONAL INC | COM | 718172109 | 51 | 870 SH | DEFINED | 70 |
| PHILIP MORRIS INTERNATIONAL INC | COM | 718172109 | 314 | 5369 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| PROCTER & GAMBLE CO | COM | 742718109 | 3706 | 57613 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| PROCTER & GAMBLE CO | COM | 742718109 | 749 | 11637 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| SCHLUMBERGER LTD | COM | 806857108 | 576 | 6899 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| SCHLUMBERGER LTD | COM | 806857108 | 25 | 300 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |
| SOUTHERN CO | COM | 842587107 | 1459 | 38158 SH | DEFINED | 70 |
| | | | 0 | 0 | DEFINED | 70 |
| SOUTHERN CO | COM | 842587107 | 237 | 6208 SH | OTHER | 70 |
| | | | 0 | 0 | OTHER | 70 |

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|----------------------------|----------------|-----------|--------------------|--------------------|-------------------------|--------------------------|
| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHRS OR PRN AMT | SH/ PUT/ PRN CALL | INVESTMENT DISCRETION |
| STATE STREET CORP | COM | 857477103 | 768 | 16575 | SH | DEFINED |
| STATE STREET CORP | COM | 857477103 | 42 | 900 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| TARGET CORP | COM | 8.76E+110 | 906 | 15067 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| TARGET CORP | COM | 8.76E+110 | 117 | 1950 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| TEXAS INSTRUMENTS INC | COM | 882508104 | 488 | 15025 | SH | DEFINED |
| TEXAS INSTRUMENTS INC | COM | 882508104 | 16 | 500 | SH | OTHER |
| 3M CO | COM | 88579Y101 | 1528 | 17700 | SH | DEFINED |
| 3M CO | COM | 88579Y101 | 423 | 4900 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| TRUSTCO BANK CORP NY | COM | 898349105 | 2524 | 398055 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| | | | 0 | 0 | | DEFINED |
| TRUSTCO BANK CORP NY | COM | 898349105 | 1639 | 258487 | SH | OTHER |
| UNITED PARCEL SERVICE | COM | 911312106 | 617 | 8507 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| UNITED PARCEL SERVICE | COM | 911312106 | 65 | 900 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| UNITED TECHNOLOGIES CORP | COM | 913017109 | 3086 | 39197 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| | | | 0 | 0 | | DEFINED |
| UNITED TECHNOLOGIES CORP | COM | 913017109 | 224 | 2850 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| VANGUARD | MUT | 922042858 | 2297 | 47710 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| VANGUARD | MUT | 922042858 | 88 | 1820 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| | | | 0 | 0 | | OTHER |
| VERIZON COMMUNICATIONS INC | COM | 92343V104 | 1263 | 35310 | SH | DEFINED |
| VERIZON COMMUNICATIONS INC | COM | 92343V104 | 327 | 9146 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| WAL-MART STORES INC | COM | 931142103 | 1585 | 29399 | SH | DEFINED |
| | | | 0 | 0 | | DEFINED |
| WAL-MART STORES INC | COM | 931142103 | 166 | 3075 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| WELLS FARGO & CO NEW | COM | 949746101 | 1766 | 57002 | SH | DEFINED |
| WELLS FARGO & CO NEW | COM | 949746101 | 236 | 7623 | SH | OTHER |
| | | | 0 | 0 | | OTHER |
| NOBLE CORPORATION | FOR | H5833N103 | 894 | 24998 | SH | DEFINED |
| NOBLE CORPORATION | FOR | H5833N103 | 89 | 2500 | SH | OTHER |
| | | | 0 | 0 | | OTHER |