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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1  
 Form 13F Information Table Entry Total: 184  
 Form 13F Information Table Value Total: \$ 95,686  
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 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

No.	Form 13F File Number	Name
7000	028-10307	TRUSTCO BANK

FORM 13F INFORMATION TABLE

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5	COLUMN 6	COLUMN 7
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ CALL	INVESTMENT DISCRETION
AT&T INC	COM	00206R102	1471	43626	SH	DEFINED
AT&T INC	COM	00206R102	581	17232	SH	OTHER
			0	0		OTHER
ABBOTT LABORATORIES	COM	002824100	2713	41418	SH	DEFINED
			0	0		DEFINED
ABBOTT LABORATORIES	COM	002824100	455	6945	SH	OTHER
			0	0		OTHER
AIR PRODUCTS & CHEMICALS INC	COM	009158106	386	4600	SH	DEFINED
ALCOA INC	COM	013817101	93	10700	SH	DEFINED
ALCOA INC	COM	013817101	23	2600	SH	OTHER
AMERICAN EXPRESS CO	COM	025816109	374	6500	SH	DEFINED
AMERICAN EXPRESS CO	COM	025816109	86	1500	SH	OTHER
			0	0		OTHER
ANNALY CAPITAL MANAGEMENT INC	COM	035710409	175	12480	SH	DEFINED
ANNALY CAPITAL MANAGEMENT INC	COM	035710409	14	1000	SH	OTHER
APPLIED MATERIALS INC	COM	038222105	716	62600	SH	DEFINED
			0	0		DEFINED
APPLIED MATERIALS INC	COM	038222105	29	2500	SH	OTHER
AUTOMATIC DATA PROCESSING INC	COM	053015103	454	7973	SH	DEFINED
			0	0		DEFINED
AUTOMATIC DATA PROCESSING INC	COM	053015103	17	300	SH	OTHER
BHP BILLITON LTD	FOR	088606108	394	5025	SH	DEFINED
BHP BILLITON LTD	FOR	088606108	39	500	SH	OTHER

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			0	0		OTHER	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	430	13200	SH	DEFINED	70
			0	0		DEFINED	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	302	9272	SH	OTHER	70
CATERPILLAR INC	COM	149123101	180	2013	SH	DEFINED	70
CATERPILLAR INC	COM	149123101	74	830	SH	OTHER	70
CHEVRON CORP NEW	COM	166764100	2552	23600	SH	DEFINED	70
CHEVRON CORP NEW	COM	166764100	574	5309	SH	OTHER	70
			0	0		OTHER	70
CISCO SYSTEMS INC	COM	17275R102	745	37925	SH	DEFINED	70
CISCO SYSTEMS INC	COM	17275R102	30	1550	SH	OTHER	70
			0	0		OTHER	70
COCA COLA CO	COM	191216100	3398	93744	SH	DEFINED	70
			0	0		DEFINED	70
COCA COLA CO	COM	191216100	827	22800	SH	OTHER	70
			0	0		OTHER	70
COLGATE PALMOLIVE CO	COM	194162103	1456	13927	SH	DEFINED	70
COLGATE PALMOLIVE CO	COM	194162103	502	4799	SH	OTHER	70
			0	0		OTHER	70
DISNEY WALT CO	COM	254687106	1705	34246	SH	DEFINED	70
			0	0		DEFINED	70
DISNEY WALT CO	COM	254687106	413	8300	SH	OTHER	70
			0	0		OTHER	70
DOW CHEMICAL CO	COM	260543103	338	10449	SH	DEFINED	70
DOW CHEMICAL CO	COM	260543103	110	3401	SH	OTHER	70
			0	0		OTHER	70
DU PONT E I DE NEMOURS & CO	COM	263534109	277	6150	SH	DEFINED	70
			0	0		DEFINED	70
DU PONT E I DE NEMOURS & CO	COM	263534109	103	2286	SH	OTHER	70
			0	0		OTHER	70
ECOLAB INC	COM	278865100	522	7267	SH	DEFINED	70
ECOLAB INC	COM	278865100	36	500	SH	OTHER	70
EMERSON ELECTRIC CO	COM	291011104	220	4150	SH	DEFINED	70
EMERSON ELECTRIC CO	COM	291011104	80	1513	SH	OTHER	70
			0	0		OTHER	70
EXELON CORP	COM	30161N101	431	14492	SH	DEFINED	70
EXELON CORP	COM	30161N101	100	3370	SH	OTHER	70

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ PRN CALL	INVESTMENT DISCRETION	MA
			0	0		OTHER	70
EXXON MOBIL CORP	COM	30231G102	5813	67160	SH	DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
EXXON MOBIL CORP	COM	30231G102	2183	25217	SH	OTHER	70
			0	0		OTHER	70
GENERAL ELECTRIC CO	COM	369604103	8373	398915	SH	DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
GENERAL ELECTRIC CO	COM	369604103	3608	171871	SH	OTHER	70
			0	0		OTHER	70

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			0	0		OTHER	70
GENERAL MILLS INC	COM	370334104	986	24400	SH	DEFINED	70
GENERAL MILLS INC	COM	370334104	420	10400	SH	OTHER	70
			0	0		OTHER	70
GLAXOSMITHKLINE PLC	FOR	37733W105	215	4956	SH	DEFINED	70
GLAXOSMITHKLINE PLC	FOR	37733W105	196	4505	SH	OTHER	70
			0	0		OTHER	70
HOME DEPOT INC	COM	437076102	320	5175	SH	DEFINED	70
HOME DEPOT INC	COM	437076102	78	1264	SH	OTHER	70
INTEL CORP	COM	458140100	1515	73482	SH	DEFINED	70
INTEL CORP	COM	458140100	193	9368	SH	OTHER	70
			0	0		OTHER	70
IBM CORP	COM	459200101	1734	9053	SH	DEFINED	70
IBM CORP	COM	459200101	948	4949	SH	OTHER	70
			0	0		OTHER	70
ISHARES	MUT	464287465	344	6051	SH	DEFINED	70
ISHARES	MUT	464287465	44	775	SH	OTHER	70
JPMORGAN CHASE & CO	COM	46625H100	1299	29535	SH	DEFINED	70
			0	0		DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	314	7152	SH	OTHER	70
			0	0		OTHER	70
JACOBS ENGINEERING GROUP INC	COM	469814107	234	5499	SH	DEFINED	70
JACOBS ENGINEERING GROUP INC	COM	469814107	9	200	SH	OTHER	70
			0	0		OTHER	70
JOHNSON & JOHNSON	COM	478160104	3503	49978	SH	DEFINED	70
JOHNSON & JOHNSON	COM	478160104	816	11639	SH	OTHER	70
			0	0		OTHER	70
JOHNSON CONTROLS INC	COM	478366107	419	13650	SH	DEFINED	70
JOHNSON CONTROLS INC	COM	478366107	74	2400	SH	OTHER	70
			0	0		OTHER	70
LOWES COMPANIES INC	COM	548661107	427	12034	SH	DEFINED	70
LOWES COMPANIES INC	COM	548661107	12	350	SH	OTHER	70
			0	0		OTHER	70
MASCO CORP	COM	574599106	212	12700	SH	DEFINED	70
MASCO CORP	COM	574599106	28	1700	SH	OTHER	70
MCDONALDS CORP	COM	580135101	243	2750	SH	DEFINED	70
MCDONALDS CORP	COM	580135101	273	3095	SH	OTHER	70
			0	0		OTHER	70
MCGRAW HILL COS INC	COM	580645109	668	12217	SH	DEFINED	70
MCGRAW HILL COS INC	COM	580645109	16	300	SH	OTHER	70
			0	0		OTHER	70
MEDTRONIC INC	COM	585055106	1347	32826	SH	DEFINED	70
MEDTRONIC INC	COM	585055106	29	704	SH	OTHER	70
			0	0		OTHER	70
MERCK & CO INC	COM	58933Y105	232	5674	SH	DEFINED	70
MERCK & CO INC	COM	58933Y105	181	4427	SH	OTHER	70
			0	0		OTHER	70
MICROSOFT CORP	COM	594918104	2512	94032	SH	DEFINED	70
MICROSOFT CORP	COM	594918104	222	8295	SH	OTHER	70

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			0	0		OTHER	70
NBT BANCORP INC	COM	628778102	476	23486 SH		OTHER	70
NIKE INC	COM	654106103	929	17998 SH		DEFINED	70
NIKE INC	COM	654106103	93	1800 SH		OTHER	70
			0	0		OTHER	70
NORFOLK SOUTHERN CORP	COM	655844108	247	4000 SH		DEFINED	70
			0	0		DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	49	800 SH		OTHER	70
ORACLE CORP	COM	68389X105	623	18700 SH		DEFINED	70
ORACLE CORP	COM	68389X105	45	1347 SH		OTHER	70
			0	0		OTHER	70
PEPSICO INC	COM	713448108	2214	32358 SH		DEFINED	70
PEPSICO INC	COM	713448108	414	6050 SH		OTHER	70
			0	0		OTHER	70
PFIZER INC	COM	717081103	743	29625 SH		DEFINED	70
			0	0		DEFINED	70
PFIZER INC	COM	717081103	154	6146 SH		OTHER	70
			0	0		OTHER	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	463	5535 SH		OTHER	70
			0	0		OTHER	70
PROCTER & GAMBLE CO	COM	742718109	3403	50126 SH		DEFINED	70
			0	0		DEFINED	70
PROCTER & GAMBLE CO	COM	742718109	361	5319 SH		OTHER	70
			0	0		OTHER	70
SCHLUMBERGER LTD	FOR	806857108	346	4999 SH		DEFINED	70
SCHLUMBERGER LTD	FOR	806857108	21	300 SH		OTHER	70
			0	0		OTHER	70
SOUTHERN CO	COM	842587107	1254	29295 SH		DEFINED	70
SOUTHERN CO	COM	842587107	244	5708 SH		OTHER	70
			0	0		OTHER	70
STATE STREET CORP	COM	857477103	521	11075 SH		DEFINED	70
STATE STREET CORP	COM	857477103	66	1400 SH		OTHER	70
			0	0		OTHER	70
TARGET CORP	COM	87612E106	662	11184 SH		DEFINED	70
TARGET CORP	COM	87612E106	80	1350 SH		OTHER	70
			0	0		OTHER	70
TEXAS INSTRUMENTS INC	COM	882508104	320	10375 SH		DEFINED	70
3M CO	COM	88579Y101	1606	17300 SH		DEFINED	70
			0	0		DEFINED	70
3M CO	COM	88579Y101	65	700 SH		OTHER	70
TRUSTCO BANK CORP NY	COM	898349105	997	188744 SH		DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
TRUSTCO BANK CORP NY	COM	898349105	5393	1021488 SH		OTHER	70
UNITED PARCEL SERVICE	COM	911312106	512	6940 SH		DEFINED	70
UNITED PARCEL SERVICE	COM	911312106	70	950 SH		OTHER	70
			0	0		OTHER	70
UNITED TECHNOLOGIES CORP	COM	913017109	2580	31464 SH		DEFINED	70
UNITED TECHNOLOGIES CORP	COM	913017109	242	2950 SH		OTHER	70
			0	0		OTHER	70
VANGUARD	MUT	922042858	1871	42020 SH		DEFINED	70
			0	0		DEFINED	70
VANGUARD	MUT	922042858	152	3420 SH		OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
VERIZON COMMUNICATIONS INC	COM	92343V104	1296	29940 SH		DEFINED	70
VERIZON COMMUNICATIONS INC	COM	92343V104	391	9046 SH		OTHER	70
			0	0		OTHER	70
WAL-MART STORES INC	COM	931142103	1611	23616 SH		DEFINED	70
WAL-MART STORES INC	COM	931142103	148	2175 SH		OTHER	70

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NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ PRN CALL	INVESTMENT DISCRETION
WELLS FARGO & CO NEW	COM	949746101	0	0		OTHER
WELLS FARGO & CO NEW	COM	949746101	1312	38384	SH	DEFINED
WELLS FARGO & CO NEW	COM	949746101	247	7223	SH	OTHER
			0	0		OTHER