CAPITAL ONE FINANCIAL CORP

Form 4 May 06, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average

OMB APPROVAL

burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

1. Name and Address of Reporting Person *

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

FAIRBANK RICHARD D			Symbol CAPITAL ONE FINANCIAL CORP						Issuer				
			[COF]					CORP	(Check all applicable)				
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)						_X_ Director10% Owner _X_ Officer (give title Other (specify below) below)				
1680 CAPITAL ONE DRIVE			05/05/2008					Chairman, CEO and President					
		(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
MCLEAN, VA 22102			Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
	(City)	(State)	(Zip)	T. 1.1						Person			
	•	, ,				n-D			-	uired, Disposed of, or Beneficially Owned 5. Amount of 6. Ownership 7. Nature of			
	1.Title of 2. Transaction Date Security (Month/Day/Year) (Instr. 3)		ar) Execution any	med on Date, if Day/Year)	Code (Instr. 3, 4 and 5) ear) (Instr. 8)			Securities For Beneficially (D Owned Inc.)	Form: Direct (D) or Indirect (I) (Instr. 4)				
					Code	V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
	Common Stock (1) (2)	05/05/2008			S		100	D	\$ 55.32	2,448,288	D		
	Common Stock (1)	05/05/2008			S		200	D	\$ 55.33	2,448,088	D		
	Common Stock (1)	05/05/2008			S		300	D	\$ 55.34	2,447,788	D		
	Common Stock (1)	05/05/2008			S		400	D	\$ 55.37	2,447,388	D		
	Common Stock (1)	05/05/2008			S		400	D	\$ 55.38	2,446,988	D		

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Common Stock (1)	05/05/2008	S	500	D	\$ 55.4	2,446,488	D
Common Stock (1)	05/05/2008	S	500	D	\$ 55.41	2,445,988	D
Common Stock (1)	05/05/2008	S	600	D	\$ 55.42	2,445,388	D
Common Stock (1)	05/05/2008	S	200	D	\$ 55.43	2,445,188	D
Common Stock (1)	05/05/2008	S	434	D	\$ 55.44	2,444,754	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.45	2,444,654	D
Common Stock (1)	05/05/2008	S	200	D	\$ 55.46	2,444,454	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.48	2,444,354	D
Common Stock (1)	05/05/2008	S	500	D	\$ 55.49	2,443,854	D
Common Stock (1)	05/05/2008	S	200	D	\$ 55.5	2,443,654	D
Common Stock (1)	05/05/2008	S	300	D	\$ 55.52	2,443,354	D
Common Stock (1)	05/05/2008	S	300	D	\$ 55.53	2,443,054	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.54	2,442,954	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.55	2,442,854	D
Common Stock (1)	05/05/2008	S	200	D	\$ 55.56	2,442,654	D
Common Stock (1)	05/05/2008	S	300	D	\$ 55.57	2,442,354	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.58	2,442,254	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.59	2,442,154	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.61	2,442,054	D
Common Stock (1)	05/05/2008	S	100	D	\$ 55.62	2,441,954	D
	05/05/2008	S	300	D		2,441,654	D

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Common Stock (1)					\$ 55.66			
Common Stock (1)	05/05/2008	S	100	D	\$ 55.67	2,441,554	D	
Common Stock (1)	05/05/2008	S	100	D	\$ 55.68	2,441,454	D	
Common Stock (1)	05/05/2008	S	200	D	\$ 55.69	2,441,254	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of Derivative 	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transacti	5. orNumber	6. Date Exerc Expiration D			le and unt of	8. Price of Derivative	9. Nu Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Unde	rlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	rities	(Instr. 5)	Bene
	Derivative		•		Securities	3		(Instr	. 3 and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
									or		
						Date	Expiration	Title	Number		
						Exercisable	Date		of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
. 8	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

Reporting Owners 3

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Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

05/06/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4