CAPITAL ONE FINANCIAL CORP

Form 4 May 12, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D			2. Issuer Name and Ticker or Trading Symbol					Issuer				
				CAPITAL ONE FINANCIAL CORP [COF]					CORP	(Check all applicable)		
(Last) (First) (Middle)				(Month/D	3. Date of Earliest Transaction (Month/Day/Year)					X_ Director 10% Owner X_ Officer (give title Other (specify below) below)		
1680 CAPITAL ONE DRIVE				05/09/2008						Chairman, CEO and President		
		(Street)		4. If Ame			_	1		6. Individual or Joint/Group Filing(Check		
				Filed(Mor	th/Day/Y	ear))			Applicable Line) _X_ Form filed by One Reporting Person		
MCLEAN, VA 22102										Form filed by More than One Reporting Person		
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own										ly Owned		
	1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Execution	Deemed 3. 4. Securities Acquired rution Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or		d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
	C				Code	V	Amount	(D)	Price	(msu. 3 and 4)		
	Common Stock (1) (2)	05/09/2008			S		100	D	\$ 53.65	2,440,854	D	
	Common Stock (1)	05/09/2008			S		200	D	\$ 53.66	2,440,654	D	
	Common Stock (1)	05/09/2008			S		100	D	\$ 53.68	2,440,554	D	
	Common Stock (1)	05/09/2008			S		200	D	\$ 53.69	2,440,354	D	
	Common Stock (1)	05/09/2008			S		100	D	\$ 53.71	2,440,254	D	

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Common Stock (1)	05/09/2008	S	100	D	\$ 53.72	2,440,154	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 53.79	2,440,054	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 53.81	2,439,954	D	
Common Stock (1)	05/09/2008	S	200	D	\$ 53.89	2,439,754	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 53.92	2,439,654	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 53.95	2,439,554	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 53.96	2,439,454	D	
Common Stock (1)	05/09/2008	S	200	D	\$ 53.97	2,439,254	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 53.99	2,439,154	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.01	2,439,054	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.02	2,438,954	D	
Common Stock (1)	05/09/2008	S	200	D	\$ 54.03	2,438,754	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.06	2,438,654	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.11	2,438,554	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.12	2,438,454	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.17	2,438,354	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.21	2,438,254	D	
Common Stock (1)	05/09/2008	S	100	D	\$ 54.23	2,438,154	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	ate	Amour	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr. :	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date	Expiration		or		
						Exercisable	Date		Number		
				G 1 W	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

Signatures

/s/ Tangela S. Richter (POA) on file for Richard D.
Fairbank

05/12/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

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