WHITE DAVID L

Form 4

August 28, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

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January 31, 2005

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading WHITE DAVID L Issuer Symbol CHOICE HOTELS (Check all applicable) INTERNATIONAL INC /DE [CHH] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) below) 10750 COLUMBIA PIKE 08/24/2012 Senior Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting SILVER SPRING, MD 20901 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities 5. Amount of 6. Ownership 7. Nature of

Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities Form: Direct Indirect (Instr. 3) Code Disposed of (D) Beneficially (D) or Beneficial (Instr. 3, 4 and 5) Indirect (I) Ownership (Month/Day/Year) (Instr. 8) Owned Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price Common 49,500.54 D Stock Common 401(k) 658 I

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Plan

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 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	FransactionDerivative Code Securities Acquired		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Employee Stock Option	\$ 11.71	08/24/2012		D <u>(1)</u>		15,000	(2)	12/20/2012	Common Stock	15,0
Employee Stock Option	\$ 8.89	08/24/2012		A <u>(1)</u>	19,759		(2)	12/20/2012	Common Stock	19,
Employee Stock Option	\$ 10.2	08/24/2012		D <u>(1)</u>		1,500	(3)	02/10/2013	Common Stock	1,5
Employee Stock Option	\$ 7.74	08/24/2012		A <u>(1)</u>	1,975		(3)	02/10/2013	Common Stock	1,9
Employee Stock Option	\$ 29.92	08/24/2012		D <u>(1)</u>		2,500	<u>(4)</u>	02/14/2015	Common Stock	2,5
Employee Stock Option	\$ 22.71	08/24/2012		A <u>(1)</u>	3,293		<u>(4)</u>	02/14/2015	Common Stock	3,2
Employee Stock Option	\$ 29.92	08/24/2012		D <u>(1)</u>		7,500	<u>(4)</u>	02/14/2015	Common Stock	7,5
Employee Stock Option	\$ 22.71	08/24/2012		A <u>(1)</u>	9,879		<u>(4)</u>	02/14/2015	Common Stock	9,8
Employee Stock Option	\$ 33.08	08/24/2012		D <u>(1)</u>		4,768	(5)	02/10/2015	Common Stock	4,7
Employee Stock Option	\$ 25.11	08/24/2012		A <u>(1)</u>	6,280		(5)	02/10/2015	Common Stock	6,2
Employee Stock Option	\$ 33.08	08/24/2012		D <u>(1)</u>		14,305	<u>(5)</u>	02/10/2015	Common Stock	14,1

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Employee Stock Option	\$ 25.11	08/24/2012	A <u>(1)</u>	18,843	(5)	02/10/2015	Common Stock	18,8
Employee Stock Option	\$ 36.42	08/24/2012	D <u>(1)</u>	5,000	<u>(6)</u>	12/11/2014	Common Stock	5,0
Employee Stock Option	\$ 27.65	08/24/2012	A(1)	6,586	<u>(6)</u>	12/11/2014	Common Stock	6,5
Employee Stock Option	\$ 36.42	08/24/2012	D <u>(1)</u>	15,000	<u>(6)</u>	12/11/2014	Common Stock	15,0
Employee Stock Option	\$ 27.65	08/24/2012	A(1)	19,759	<u>(6)</u>	12/11/2014	Common Stock	19,
Employee Stock Option	\$ 26.88	08/24/2012	D <u>(1)</u>	4,081	<u>(7)</u>	02/08/2016	Common Stock	4,0
Employee Stock Option	\$ 20.41	08/24/2012	A <u>(1)</u>	5,375	<u>(7)</u>	02/08/2016	Common Stock	5,3
Employee Stock Option	\$ 26.88	08/24/2012	D <u>(1)</u>	24,068	<u>(7)</u>	02/08/2016	Common Stock	24,0
Employee Stock Option	\$ 20.41	08/24/2012	A <u>(1)</u>	31,704	<u>(7)</u>	02/08/2016	Common Stock	31,7
Employee Stock Option	\$ 32.6	08/24/2012	D <u>(1)</u>	3,765	(8)	02/14/2017	Common Stock	3,7
Employee Stock Option	\$ 24.75	08/24/2012	A <u>(1)</u>	4,959	(8)	02/14/2017	Common Stock	4,9
Employee Stock Option	\$ 32.6	08/24/2012	D <u>(1)</u>	3,202	(8)	02/14/2017	Common Stock	3,2
Employee Stock Option	\$ 24.75	08/24/2012	A <u>(1)</u>	4,217	(8)	02/14/2017	Common Stock	4,2
Employee Stock Option	\$ 32.6	08/24/2012	D <u>(1)</u>	20,901	(8)	02/14/2017	Common Stock	20,9
Employee Stock	\$ 24.75	08/24/2012	A(1)	27,532	(8)	02/14/2017	Common Stock	27,

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Employee Stock Option	\$ 35.6	08/24/2012	D <u>(1)</u>		3,512	<u>(9)</u>	02/19/2019	Common Stock	3,5
Employee Stock Option	\$ 27.03	08/24/2012	A <u>(1)</u>	4,626		<u>(9)</u>	02/19/2019	Common Stock	4,6
Employee Stock Option	\$ 35.6	08/24/2012	D <u>(1)</u>		10,518	(9)	02/19/2019	Common Stock	10,:
Employee Stock Option	\$ 27.03	08/24/2012	A <u>(1)</u>	13,855		<u>(9)</u>	02/19/2019	Common Stock	13,8

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				

WHITE DAVID L 10750 COLUMBIA PIKE SILVER SPRING, MD 20901

Senior Vice President

Signatures

Option

Bret L. Limage, attorney in fact

fact 08/28/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported represent adjustments to outstanding stock options options as a result of the issuer's payment of a special cash dividend of \$10.41 per share.
- (2) Options vest in five equal installments beginning on the first anniversary of the grant date, which was December 20, 2002.
- (3) Options vest in five equal installments beginning on the first anniversary of the grant date, which was Fenruary 10, 2003.
- (4) Options vest in four equal installments beginning on the first anniversary of the grant date, which was February 14, 2005.
- (5) Options vest in four equal installments beginning on the first anniversary of the grant date, which was February 10, 2008.
- (6) Options vest in four equal installments beginning on the first anniversary of the grant date, which was December 11, 2007.
- (7) Options vest in four equal installments beginning on the first anniversary of the grant date, which was February 8, 2009.
- (8) Options vest in four equal installments beginning on the first anniversary of the grant date, which was February 14, 2010.
- (9) Options vest in four equal installments beginning on the first anniversary of the grant date, which was February 19, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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