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CHOICE HOTELS INTERNATIONAL INC /DE

Form 4 September 30, 2013

September 30, 2013								
FORM 4 UNITED	OMB APPROVAL							
UNITED) STATES SE	ECURITIES A Washington		E COMMISSION	OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	Expires: Estimated burden hou response	urs per						
(Print or Type Responses)								
1. Name and Address of Reporting Cimerola Patrick	Syı CH	mbol HOICE HOTE	I Ticker or Trading LS AL INC /DE [CH	Issuer (Chec)	(Check all applicable)			
(Last) (First) 1 CHOICE HOTELS CIRC	(M	Date of Earliest T onth/Day/Year) /18/2013	ransaction	below)	X Officer (give title Other (specify			
(Street) ROCKVILLE, MD 20850		If Amendment, D ed(Month/Day/Yea	-	Applicable Line) _X_ Form filed by C	_X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City) (State)	(Zip)	Table I - Non-l	Derivative Securities	Acquired, Disposed of	, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)	e 2A. Deemed Execution Date any (Month/Day/Y	Code	4. Securities nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Prio	Securities F Beneficially (I Owned (I Following (I Reported Transaction(s) (Instr. 3 and 4)	. Ownership orm: Direct D) or Indirect) instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Report on a separate lin	e for each class of	of securities bene	Persons who r	y or indirectly. espond to the collect		SEC 1474		

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(Instr. 5)
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	09/18/2013	А	13	(2)	(2)	Common Stock	13	\$ 42.48

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Cimerola Patrick 1 CHOICE HOTELS CIRCLE ROCKVILLE, MD 20850			Senior Vice President			
Signatures						

Bret Limage, attorney in fact 09/30/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of phantom stock is the economic equivalent of one share of the issuer's common stock.
- (2) Shares of phantom stock are payable in cash following termination of the reporting person's employment with the issuer. The reporting person may transfer his phantom stock account into an alternative investment account at any time.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.