COOK BRIAN R Form SC 13G/A February 07, 2005

Information to be Included in Statements

Filed Pursuant to Rule 13(d), (b), (c) and (d) and Amendments

Thereto Filed Pursuant to Rule 13d-2

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 8)

The Nautilus Group, Inc.

(Name of Issuer)

Common Stock, No Par Value

(Title of Class of Securities)

254931108

(CUSIP Number)

Edgar Filing: COOK BRIAN R - Form SC 13G/A

December 31, 2004

(Date of Event Which Requires Filing of this Statement)

	(Date of Event which Requires Fining of this Statement)				
Cł	neck appropriate box to designate the rule pursuant to which this Schedule is filed:				
F	Rule 13d-1(b)				
F	Rule 13d-1(c)				
x l	Rule 13d-1(d)				
*	The remainder of this cover page shall be filled out for a reporting person s initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.				

The information required in the remainder of this cover page shall not be deemed to be filed for the purpose of Section 18 of the Securities Exchange Act of 1934 (Act) or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 254931108 Page 2 of 5 Pages

1 NAME OF REPORTING PERSON

S.S. or I.R.S. IDENTIFICATION NO. OF ABOVE PERSON

Brian R. Cook

- 2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* Not applicable
 - (a) "
 - (b) "
- 3 SEC USE ONLY
- 4 CITIZENSHIP OR PLACE OF ORGANIZATION

United States of America

5 SOLE VOTING POWER

NUMBER OF		501,540 shares	
SHARES	6	SHARED VOTING POWER	
BENEFICIALLY			
OWNED BY		60,000 shares	
EACH	7	SOLE DISPOSITIVE POWER	
REPORTING			
PERSON		501,540 shares	
WITH	8	SHARED DISPOSITIVE POWER	

60,000 shares

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

561,540 Shares

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*

Edgar Filing: COOK BRIAN R - Form SC 13G/A

Not applicable
11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9

1.7%
12 TYPE OF REPORTING PERSON*

IN

Page 3 of 5 pages

SCHEDULE 13G

- **Item 1.** (a) The Nautilus Group, Inc.
 - (b) 1400 NE 136th Avenue

Vancouver, WA 98684

- Item 2. (a) Brian R. Cook
 - (b) 320 N Potlatch Rd.

Shelton, WA 98584

- (c) U.S.A.
- (d) Common Stock, No Par Value
- (e) CUSIP # 254931108

Item 3. If this statement is filed pursuant to Rule 13d-1(b) or 13d-2(b), check whether the person filing is a:

Not Applicable

Page 4 of 5 pages

Item 4.	d. Ownership:					
	(a) 561,540 shares					
	(b) 1.7%					
	(c) (i) 501,540 shares					
	(ii) 60,000 shares					
	(iii) 501,540 shares					
	(iv) 60,000 shares					
Item 5.	Ownership of Five Percent or Less of a Class:					
	If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following x.					
Item 6.	. Ownership of More than Five Percent on Behalf of Another Person:					
	Not Applicable					
Item 7.	Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the					
	Parent Holding Company or Control Person:					
	Not Applicable					
Item 8.	Identification and Classification of Members of the Group:					
	Not Applicable					
Item 9.	Not Applicable Notice of Dissolution of Group:					
item 7.	Nouce of Dissolution of Group.					
	Not Applicable					
Item 10.	Certification:					
	Net analizable					
	Not applicable.					

Page 5 of	5 pages	
-----------	---------	--

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

January 10, 2005

Date

/s/ Brian R. Cook

Brian R. Cook