QEP RESOURCES, INC.

Form 4

November 08, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

January 31, Expires: 2005

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

may continue.

See Instruction

1. Name and Address of Reporting Person * RATTIE KEITH O			2. Issuer Name and Ticker or Trading Symbol QEP RESOURCES, INC. [QEP]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle) 3. Date of Earliest Transaction		(Check all applicable)		
1050 17TH STREET, SUITE 500		UITE 500	(Month/Day/Year) 11/04/2011	_X_ Director 10% Owner Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
DENIVED C	YO 90265		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
DENVER, CO 80265				Person		

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secu	rities Acquir	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3,	sed of 64 and 3	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/04/2011		M	20,000	A	\$ 7.78	358,692	D	
Common Stock	11/04/2011		S	20,000 (1)	D	\$ 36.8796	338,692	D	
Common Stock	11/07/2011		M	20,000	A	\$ 7.78	358,692	D	
Common Stock	11/07/2011		S	20,000 (1)	D	\$ 38.0911	338,692	D	
Common Stock							2,542	I	IRA

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu or D: (D)	rities nired (A) isposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Stock Option	\$ 7.78	11/04/2011		M		20,000	08/11/2002	02/11/2012	Common Stock	20,000
Stock Option	\$ 7.78	11/07/2011		M		20,000	08/11/2002	02/11/2012	Common Stock	20,000
Restricted Stock Unit	\$ 0						(2)	(2)	Common Stock	94.255
Stock Option	\$ 9.19						08/11/2003	02/11/2013	Common Stock	300,00
Stock Option	\$ 23.98						06/30/2010	03/05/2016	Common Stock	147,17
Stock Option	\$ 27.84						06/30/2010	02/13/2015	Common Stock	80,000
Stock Option	\$ 36.48						06/30/2010	02/12/2016	Common Stock	30,000
Stock Option	\$ 26.14						06/30/2010	10/24/2012	Common Stock	200,00
Stock Option	\$ 27.55						06/30/2010	03/05/2017	Common Stock	125,00

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RATTIE KEITH O 1050 17TH STREET, SUITE 500 DENVER, CO 80265	X							

Reporting Owners 2

Signatures

Abigail L. Jones, Attorney 11/08/2011 in Fact

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) My disposition of these shares was pursuant to a 10b5-1 plan. The shares were acquired by the exercise of an option that that would have expired in February 2012.
- (2) The restricted stock units vest in three equal annual installments which began on July 1, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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