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CHOICE HOTELS INTERNATIONAL INC /DE

Form 4

January 11, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB

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Washington, D.C. 20549

3235-0287 Number: January 31, Expires:

2005

OMB APPROVAL

Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Add BAINUM BR | • | rting Person * | 2. Issuer Name and Ticker or Trading Symbol CHOICE HOTELS INTERNATIONAL INC /DE [CHH] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
|------------------------------|------------------|----------------|---|--|--|--|--|
| (Last) 8171 MAPLE BLVD, SUIT | | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) 01/09/2017 | DirectorX 10% Owner Officer (give title below) Other (specify below) | | | |
| FULTON, MI | (Street) D 20759 | | 4. If Amendment, Date Original Filed(Month/Day/Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zin) | | | | | |

| (City) | (State) | (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | |
|--------------------------------------|--------------------------------------|--|---------------------------------|---|--|-------|---------------|--|--|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transa Code (Instr. | | 4. Securitie onDisposed o (Instr. 3, 4 | f (D) | uired (A) or | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common Stock | 01/26/2016 | 01/26/2016 | J | V | 500,000 | D | \$ 0 | 2,295,985 | I | See Footnote (1) |
| Common Stock | 11/09/2016 | 11/09/2016 | G | V | 93,000 | D | \$ 0 | 2,202,985 | I | See Footnote (1) |
| Common Stock | 01/09/2017 | 01/09/2017 | S | | 48,000 | D | \$ 54.1536 | 2,154,985 | I | See Footnote (1) |
| Common | 01/10/2017 | 01/10/2017 | S | | 55,000 | D | \$ | 2,099,985 | I | See |

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| Stock | | | | | | 54.2687 | | | Footnote (1) |
|-----------------|------------|------------|---|-----------|---|---------|-----------|---|------------------|
| Common Stock | | | | | | | 130,814 | I | See Footnote |
| Common Stock | | | | | | | 922,095 | I | See Footnote (3) |
| Common Stock | | | | | | | 306,201 | I | See Footnote |
| Common Stock | 11/10/2016 | 11/10/2016 | J | V 34,875 | D | \$ 0 | 34,455 | I | See Footnote (5) |
| Common Stock | 01/26/2016 | 01/26/2016 | J | V 500,000 | A | \$ 0 | 1,527,307 | I | See Footnote (6) |
| Common Stock | | | | | | | 6,595 | I | See Footnote (7) |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transac Code (Instr. 8 | 5. stionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | S | ate | 7. Titl Amou Under Securi (Instr. | nt of lying | 8. Price of Derivative Security (Instr. 5) |
|---|---|---|---|------------------------------------|--|---------------------|--------------------|---|--|---|
| | | | | Code | V (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

X

BAINUM BRUCE

8171 MAPLE LAWN BLVD

SUITE 375

FULTON, MD 20759

Signatures

Christine A. Shreve, POA 01/11/2017

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares owned by the Bruce Bainum Declaration of Trust ("Bruce Trust") for which Dr. Bainum is the sole trustee and current beneficiary. Shares sold pursuant to a 10b5-1 trading plan.
- (2) The proportionate interest of the Bruce Trust in shares (978,482) owned by Mid Pines Associates, L.P. ("Mid Pines") an entity in which the Bruce Trust has shared voting authority.
- The proportionate interest of the Bruce Trust in shares (6,821,574) owned by Realty Investment Co. Inc., ("Realty") a family real estate (3) investment and management company in which Dr. Bainum is a noncontrolling shareholder and shares voting authority. Realty owns Choice stock as well as other assets.
- (4) The proportionate interest in shares owned by Realty (6,821,574) of individual trusts for the benefit of Dr. Bainum's adult children for which Dr. Bainum is the trustee. Beneficial ownership is disclaimed.
- (5) The proportionate interest in shares owned by Mid Pines (978,482) of individual trusts for the benefit of Dr. Bainum's adult children for which Dr. Bainum is the trustee. Beneficial ownership is disclaimed.
- (6) The proportionate interest of Dr. Bainum, the Bruce Trust and grantor retained annuity trusts created by Dr. Bainum, in shares owned by Posadas Holdings, LLC, ("Posadas") a family investment entity in which Dr. Bainum shares voting authority.
- (7) Shares owned by a trust for the benefit of Dr. Bainum's descendants for which Dr. Bainum is the trustee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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