

Trojan Greg
Form 4
September 04, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
Expires: January 31,
2005
Estimated average
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(Print or Type Responses)

1. Name and Address of Reporting Person *
Trojan Greg

(Last) (First) (Middle)

7755 CENTER AVENUE, SUITE
300

(Street)

HUNTINGTON BEACH, CA 92647

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

BJs RESTAURANTS INC [BJRI]

3. Date of Earliest Transaction
(Month/Day/Year)

08/30/2018

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
__X__ Officer (give title below) ____ Other (specify
below)

President/CEO

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price		
Common Stock	08/30/2018	08/30/2018	M		10,000	A	\$ 42.41	64,783	D
Common Stock	08/30/2018	08/30/2018	S		10,000	D	\$ 74.02	54,783	D
Common Stock	08/30/2018	08/30/2018	M		6,611	A	\$ 47.04	61,394	D
Common Stock	08/30/2018	08/30/2018	S		6,611	D	\$ 74.02	54,783	D
Common Stock	08/31/2018	08/31/2018	M		13,842	A	\$ 35.95	68,625	D

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Common Stock	08/31/2018	08/31/2018	S	13,842	D	\$ 74.74	54,783	D
Common Stock	08/31/2018	08/31/2018	M	13,227	A	\$ 42.41	68,010	D
Common Stock	08/31/2018	08/31/2018	S	13,227	D	\$ 74.74	54,783	D
Common Stock	09/04/2018	09/04/2018	M	3,134	A	\$ 29.88	57,917	D
Common Stock	09/04/2018	09/04/2018	S	3,134	D	\$ 75.59	54,783	D
Common Stock	09/04/2018	09/04/2018	S	7,587	D	\$ 75.79	47,196	D
Common Stock	09/04/2018	09/04/2018	S	13,000	D	\$ 75.61	34,196 ⁽¹⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Security (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-Qualified Stock Options	\$ 29.88	09/04/2018	09/04/2018	D		3,134		01/15/2015	01/15/2024	Common Stock	3,134
Non-Qualified Stock Options	\$ 47.04	08/30/2018	08/30/2018	M		6,611		01/15/2016	01/15/2025	Common Stock	6,611
Non-Qualified Stock Options	\$ 42.41	08/30/2018	08/30/2018	M		10,000		01/15/2017	01/15/2026	Common Stock	10,000
Non-Qualified Stock Options	\$ 42.41	08/31/2018	08/31/2018	M		13,227		01/15/2017	01/15/2026	Common Stock	13,227
Non-Qualified Stock Options	\$ 35.95	08/31/2018	08/31/2018	M		13,842		01/15/2018	01/15/2027	Common Stock	13,842

Signatures

09/04/2018

Date _____

Explanation of Responses:

- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.