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HEARTLAND EXPRESS INC

Form 4

September 29, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Estimated average burden hours per response...

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** WILKINSON DENNIS J			2. Issuer Name and Ticker or Trading Symbol HEARTLAND EXPRESS INC	5. Relationship of Reporting Person(s) to Issuer			
			[HTLD]	(Check all applicable)			
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	Director 10% OwnerX Officer (give title Other (special below)			
3975 SPRING BREEZE CT NE			09/25/2015	Vice President of Operations			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Che			
SOLON, IA 5	52333-9599		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)			Table I - Non-Derivative Securities Acc	Person convired. Disposed of, or Beneficially Owner			

	(City)	(State) (2	Table	I - Non-Do	erivative S	ecuriti	ies Acq	uired, Disposed o	f, or Beneficial	ly Owned
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transactio Code	4. Securities Acquired on(A) or Disposed of (D)			5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial
			(Month/Day/Year)	(Instr. 8) Code V	(Instr. 3, 4) Amount	(A) or (D)	Price		Indirect (I) (Instr. 4)	Ownership (Instr. 4)
	Common Stock	09/25/2015		A	10,000 (1)	A	\$0	12,000 (2)	D	
	Common Stock							3,480	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date		Amoun	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	·		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable	Exercisable Date	Title Number			
				C + V	(A) (D)			of			
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

WILKINSON DENNIS J 3975 SPRING BREEZE CT NE SOLON, IA 52333-9599

Vice President of Operations

Signatures

/s/ Dennis J. Wilkinson, by Christopher A. Strain, attorney-in-fact, pursuant to POA filed herewith

09/29/2015

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The reporting person received 10,000 shares of Heartland Express, Inc. common stock as a grant of restricted stock under the 2011
- Restricted Stock Plan, as such plan may be amended from time to time. The award vests September 30, 2015, and is subject to certain forfeiture provisions. The reporting person has voting power but does not have dispositive power until vesting requirements are satisfied.
 - Includes (a) 10,000 restricted shares of Heartland Express, Inc. common stock granted to the reporting person on 9/25/15 and (b) 2,000 shares of common stock granted to the reporting person on 12/14/11 (representing the unvested portion of 10,000 restricted shares granted
- (2) on such date) awarded under the 2011 Restricted Stock Plan, as such plan may be amended from time to time. These awards are subject to certain vesting and forfeiture provisions. The reporting person has voting power but does not have dispositive power until vesting requirements are satisfied.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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