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DAIGNEAULT DANIEL R Form 4 January 25, 2013 FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction									APPROVAL 3235-0287 January 31, 2005 average urs per 0.5		
1(b). (Print or Type R	esponses)										
1. Name and Address of Reporting Person * 2. Issuer DAIGNEAULT DANIEL R Symbol				Ticker or		-	5. Relationship of Reporting Person(s) to Issuer				
(Last) PO BOX 940	(First) (Middle)	(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 01/23/2013				(Check all applicable) X_ Director 10% Owner X_ Officer (give title Other (specify below) President & CEO				
(Street) 4. If Amer Filed(Mont DAMARISCOTTA, ME 04543				-			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 				
(City)	reison										
1.Title of Security (Instr. 3)	any		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of		
Common	01/23/2013		A	8,717	(D) A	\$ 0	154,669	D			
Stock Common Stock								I	Through Employee Stock Purchase Plan		
Common Stock							21,930.438	I	Through 401(k) Plan		
Common Stock							22,000	Ι	By Spouse		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date	Expiration		or		
						Exercisable Date		Number			
				<u> </u>					of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Addr	ess	Relationships						
Treporting O where I where I wanted	Director	10% Owner	Officer	Other				
DAIGNEAULT DANIEL R PO BOX 940 DAMARISCOTTA, ME 04:	Х		President & CEO					
Signatures								
Daniel R. Daigneault	01/23/2013							
<u>**</u> Signature of	Date							

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person