MRC GLOBAL INC.

Form 8-K March 19, 2014		
UNITED STATES		
SECURITIES AND EXCHANGE CO	OMMISSION	
Washington, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 15(d) of the	Securities Exchange Act of 1934	
date of Report (Date of earliest event	reported): March 19, 2014	
mrc global inc.		
(Exact name of registrant as specified	in its charter)	
Delaware	001-35479	Identification Number) 20-5956993
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification Number)
	2 Houston Center, 909 Fannin, Suite 3100, Houston, TX 77010	
	(Address of principal executive offices, including zip code)	

Registrant's telephone number, including area code:(877) 294-7574

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):
[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01Regulation FD Disclosure.

On March 19, 2014, MRC Global Inc. announced that it will release its first quarter 2014 financial results on Thursday, May 1, 2014 after the market closes. The Company will conduct an investor conference call at 10:00 a.m. ET (9:00 a.m. CT) on Friday, May 2, 2014, to discuss the results for the quarter. Instructions on how to participate in the conference call are contained in the press release, a copy of which is attached hereto as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits.
- 99.1 Press release dated March 19, 2014

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 19, 2014

MRC GLOBAL INC.

By: /s/ James E. Braun

James E. Braun

Executive Vice President and Chief Financial Officer

INDEX TO EXHIBITS

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Exhibit No. Description

99.1 Press release dated March 19, 2014