

LAU CONSTANCE H
Form 4
December 09, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LAU CONSTANCE H

2. Issuer Name and Ticker or Trading Symbol
HAWAIIAN ELECTRIC INDUSTRIES INC [HE]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
P.O. BOX 730
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
12/08/2010

Director 10% Owner
 Officer (give title below) Other (specify below)
President

HONOLULU, HI 96808-0730

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
			Code	V	Amount	(A) or (D)				Price
Common Stock	12/08/2010		M		40,000	A	\$ 17.96	281,186.1873	D	Beneficial
Common Stock	12/08/2010		A		9,408	A	17.96	290,594.1873	D	Beneficial
Common Stock	12/08/2010		S		700	D	\$ 22.18	289,894.1873	D	Beneficial
Common Stock	12/08/2010		S		200	D	\$ 22.17	289,694.1873	D	Beneficial
Common Stock	12/08/2010		S		200	D	\$ 22.16	289,494.1873	D	Beneficial
	12/08/2010		S		2,300	D		287,194.1873	D	Beneficial

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Common Stock					\$ 22.15			
Common Stock	12/08/2010	S	400	D	\$ 22.14	286,794.1873	D	
Common Stock	12/08/2010	S	100	D	\$ 22.13	286,694.1873	D	
Common Stock	12/08/2010	S	500	D	\$ 22.12	286,194.1873	D	
Common Stock	12/08/2010	S	600	D	\$ 22.11	285,594.1873	D	
Common Stock	12/08/2010	S	200	D	\$ 22.1	285,394.1873	D	
Common Stock	12/08/2010	S	2,300	D	\$ 22.09	283,094.1873	D	
Common Stock	12/08/2010	S	2,200	D	\$ 22.08	280,894.1873	D	
Common Stock	12/08/2010	S	1,200	D	\$ 22.07	279,694.1873	D	
Common Stock	12/08/2010	S	1,200	D	\$ 22.06	278,494.1873	D	
Common Stock	12/08/2010	S	1,700	D	\$ 22.05	276,794.1873	D	
Common Stock	12/08/2010	S	200	D	\$ 22.04	276,594.1873	D	
Common Stock	12/08/2010	S	600	D	\$ 22.03	275,994.1873	D	
Common Stock	12/08/2010	S	1,100	D	\$ 22.02	274,894.1873	D	
Common Stock	12/08/2010	S	4,405	D	\$ 22.01	270,489.1873	D	
Common Stock	12/08/2010	S	20,595	D	\$ 22	249,894.1873 (2)	D	
Common Stock						82.675 (3)	I	By 401k
Common Stock						7,511.5004 (2)	I	By custodian for children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
				Code V (A) (D)		Date Exercisable Expiration Date	Title	
Employee Stock Option (right to buy)	\$ 17.96	12/08/2010		M	40,000	(5) 04/23/2011	Common Stock	40,000
Dividend Equivalent Rights	(4)	12/08/2010		A	9,408	(4) 04/23/2011	Common Stock	9,408

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LAU CONSTANCE H P.O. BOX 730 HONOLULU, HI 96808-0730	X		President	

Signatures

Chester A. Richardson, Atty-in-fact for Constance H. Lau
 12/09/2010
 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired as dividend equivalents pursuant to the terms of the Stock Option and Incentive Plan for the period 5/10/01 - 2/16/05 with a range in price of \$17.995 to \$28.805 (price accommodating 2-for-1 split).
- (2) Includes shares acquired under the Hawaiian Electric Industries, Inc. Dividend Reinvestment and Stock Purchase Plan.
- (3) Represents shares held in the form of stock units in the HEI Common Stock fund pursuant to the Hawaiian Electric Industries Retirement Savings Plan as of December 6, 2010.
- (4) Settlement of dividend equivalent rights in connection with exercise of option. The rights accrued when and as dividends were paid on HEI Comon Stock and became exercisable proportionately with the option to which they related. Each dividend equivalent right is the economic equivalent of one share of HEI Comon Stock. \$11.49 was also paid to the holder to settle a fractional dividend equivalent right

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of 0.5214.

(5) The option vested in four equal installments on April 23, 2002, April 23, 2003, April 23, 2004 and April 23, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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