Avampato John Form 4 May 15, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB 3235-0287

Number:

January 31,

Expires: Estimated average

5. Relationship of Reporting Person(s) to

2005

0.5

burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Avampato	Symbol					Issuer					
		REGAL BELOIT CORP [RBC]					(Check all applicable)				
(Last)	(First)	(Middle)		f Earliest Ti	ransaction						
200 STATE STREET			(Month/Day/Year) 05/12/2018					Director 10% Owner X Officer (give title Other (specify below)			
	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check					
BELOIT, V		Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year		Date, if	3. Transactio Code (Instr. 8)	(Instr. 3,	(A) or (D)	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Stock	05/12/2018			F	455	D	79.85	13,929	D		
Common Stock								1,433 (1)	I	Retirement Savings Plan	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.											
·									SEC 1474 (9-02)		

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights	\$ 42.65					05/08/2011(2)	05/08/2019	Common Stock	6,000
Stock Appreciation Rights	\$ 61.36					05/05/2012(2)	05/05/2020	Common Stock	6,000
Stock Appreciation Rights	\$ 72.29					05/04/2013(2)	05/04/2021	Common Stock	6,000
Stock Appreciation Rights	\$ 63.56					05/03/2014(2)	05/03/2022	Common Stock	6,500
Stock Appreciation Rights	\$ 64.99					05/02/2015(3)	05/02/2023	Common Stock	3,875
Stock Appreciation Rights	\$ 75.76					05/07/2016 <u>(3)</u>	05/07/2024	Common Stock	3,600
Stock Appreciation Rights	\$ 78.15					05/12/2017(3)	05/12/2025	Common Stock	4,500
Stock Appreciation Rights	\$ 57.43					05/11/2018(3)	05/11/2026	Common Stock	6,825
Stock Appreciation Rights	\$ 80.7					05/10/2019(3)	05/10/2027	Common Stock	4,450
Stock Appreciation	\$ 77.6					05/09/2020(4)	05/09/2028	Common Stock	4,700

Rights

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Avampato John VP & Chief 200 STATE STREET Information BELOIT, WI 53511 Officer

Signatures

/s/ Robert Rehard, as Power-of-Attorney 05/15/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Balance reflects the most current data available with regard to holdings in the Regal Beloit Corporation Retirement Savings Plan.
- Granted as stock-settled Stock Appreciation Rigths (SARs) under the 2007 Equity Incentive Plan. The SARs vest and become
- (2) exerciseable 40% on the second anniversary, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary of the date of the grant.
- (3) Granted as stock-settled SARs under the 2013 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary of the date of the grant.
- (4) Granted as stock-settled SARs under the 2018 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary of the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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