MIZEL LARRY A

Form 4

Common

Stock \$.01

Par Value

Common

Stock \$.01

11/20/2009

November 23, 20	009										
FORM 4			URITIES AND EXCHANG	- ~ ~	OMB AF	PPROVAL					
. •	OMB Number:	3235-0287									
Check this box if no longer subject to Section 16. Form 4 or	Expires: Estimated a burden hou	ırs per									
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type Respo	onses)										
1. Name and Addres MIZEL LARRY		Sym	suer Name and Ticker or Trading ool C HOLDINGS INC [MDC]	Issuer	5. Relationship of Reporting Person(s) to Issuer						
(Last)	(First) (M		te of Earliest Transaction	(Chec	(Check all applicable)						
4350 S. MONAO 500		(Mor	th/Day/Year) 0/2009	below)	_X_ Officer (give title Other (specify						
DENVER, CO 8	(Street)		Amendment, Date Original (Month/Day/Year)	Applicable Line) _X_ Form filed by O Form filed by M	_X_ Form filed by One Reporting Person Form filed by More than One Reporting						
		Zip)		Person							
			Fable I - Non-Derivative Securities								
	ransaction Date onth/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	Code (Instr. 3, 4 and 5) ar) (Instr. 8) (A) or	(D) Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
Common Stock \$.01 Par Value			Code V Amount (D) I	120,000	D						
Common Stock \$.01 Par Value				3,151	I	401(k) Plan (1)					

By CGM

Capital

LLC (2)

By ARI

Capital

1,362,214

J V 600,000 D \$0 4,352,837

I

I

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Par Value									Partners, LLLP (3)
Common									By CLCD
Stock \$.01	11/20/2009	J	V	600,000	A	\$0	600,000	I	No. 2,
Par Value									LLC (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.	8)	5. Mumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	
				Code	v	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Larry A. Mizel

**Signature of

Reporting Person

Reporting Owner Name / Address	Relationships							
F	Director	10% Owner	Officer	Other				
MIZEL LARRY A 4350 S. MONACO STREET SUITE 500 DENVER, CO 80237	X	X	Chairman of the Board and CEO					
Signatures								

11/23/2009

Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares are held in Reporting Person's 401(k) Savings Plan account which changes on a daily basis.
- Reporting Person may be deemed to have beneficial ownership of these shares held by CGM Capital LLC ("CGM Capital"). The sole

 (2) manager of CGM Capital is CVentures. A trust, of which Reporting Person's spouse is the sole beneficiary, is the only other member of CGM Capital, and has a 99.98% equity interest in CGM Capital. Reporting Person is a trustee of this trust.
- Reporting Person may be deemed to have beneficial ownership of these shares held by ARI Capital Partners, LLLP ("Ari Capital"). The sole general partner of Ari Capital is CVentures, Inc. ("CVentures"), a corporation. Reporting Person is the beneficiary of various trusts which own 50.6885% of the stock of CVentures. Also, Reporting Person is a director and president of CVentures and may be deemed to control the other 49.3115% of the common stock of CVentures. A trust, of which Reporting Person is the sole beneficiary, is the sole limited partner of Ari Capital, and has a 99.85% partnership interest in Ari Capital. Reporting Person and Reporting Person's spouse are trustees of the trust.
- On November 20, 2009, Reporting Person contributed 600,000 shares to CLCD No. 2, LLC ("CLCD2"), which Reporting Person had received through a distribution by Ari Capital to its limited partner, which distributed the shares to Reporting Person. Reporting Person may be deemed to have beneficial ownership of these shares held by CLCD2. The sole manager of CLCD2 is Reporting Person's spouse. Reporting Person has a 99% equity interest and Reporting Person's spouse has a 1% equity interest in CLCD2.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.