STERLING BANCORP

Form 5

January 30, 2008

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number: January 31,

1.0

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

(City)

· r · · · · ·							
1. Name and Ad TIETJEN JO		orting Person *	Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL] Statement for Issuer's Fiscal Year Ended	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)		(Check all applicable)			
650 FIFTH AVENUE, 4TH FLOOR			(Month/Day/Year) 12/31/2007	Director 10% Owner Selection Other (specify below)			
				EVP and CFO			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Reporting			
			Filed(Month/Day/Year)	(check applicable line)			
NEW YORK	, NY 10	0019		_X_ Form Filed by One Reporting Person			

Form Filed by More than One Reporting Person

	Tuble 1 1100 Bell tuble Securities Requires, Disposed 61, of Belletically 6 when							-J	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securi	ties		5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transaction	Acquired	(A) o	r	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	Disposed	* '		Beneficially	(D) or	Beneficial
· ·		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)		Owned at end	Indirect (I)	Ownership	
		(· · · · · · · · · · · · · · · · · · ·	(of Issuer's	(Instr. 4)	(Instr. 4)	
					(A)		Fiscal Year	(1115111 1)	(1115111 1)
					or		(Instr. 3 and 4)		
				Amount	(D)	Price	(mstr. 5 and 1)		
C									
Common	Â	Â	Â	Â	Â	Â	45,153	D	Â
Stock	11	11	11	11	11	<i>1</i> 1	73,133	Ъ	11
Common	Â	Â	Â	Â	Â	Â	9,850	T	By 401(k)
Stock	Λ	Λ	А	А	Л	А	9,050	1	Dy 401(K)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(State)

(Zip)

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Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secu	vative crities uired or cosed O) r. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secur (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	An or Nu of S
Incentive Stock Options (right to buy)	\$ 10.34	Â	Â	Â	Â	Â	02/10/1999(1)	02/10/2008	Common Stock	36
Incentive Stock Options (right to buy)	\$ 8.69	Â	Â	Â	Â	Â	02/12/2003(2)	02/12/2009	Common Stock	48
Incentive Stock Options (right to buy)	\$ 6.94	Â	Â	Â	Â	Â	02/11/2007(3)	02/11/2010	Common Stock	32
Incentive Stock Options (right to buy)	\$ 14.6	Â	Â	Â	Â	Â	02/06/2010(4)	02/06/2012	Common Stock	13
Non-qualified Stock Options (right to buy)	\$ 6.94	Â	Â	Â	Â	Â	02/11/2001(5)	02/11/2010	Common Stock	6
Non-qualified Stock Options (right to buy)	\$ 14.6	Â	Â	Â	Â	Â	02/06/2003(5)	02/06/2012	Common Stock	24

Reporting Owners

Reporting Owner Name / Address	Relationships							
Fg	Director	10% Owner	Officer	Other				
TIETJEN JOHN W								
650 FIFTH AVENUE	Â	Â	EVP and CFO	Â				
4TH FLOOR	A	А	A EVF and Cro	A				
NEW YORK, NY 10019								

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Signatures

/s/ Tietjen, John 01/17/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Options became exercisable, commencing on the first anniversary of the grant, in installments over a five-year period for a term of 10 years from grant date (first exercisable date listed).
- Options become exercisable, commencing on fourth anniversary of the grant, in installments over a five-year period for a term of 10 years from grant date (first exercisable date listed).
- (3) Options become exercisable, commencing on the seventh anniversary of the grant, in three installments for a term of 10 years from grant date (first exercisable date listed).
- (4) Options become exercisable, commencing on the eighth anniversary of the grant, in two installments for a term of 10 years from grant date (first exercisable date listed).
- (5) Non-qualified options are exercisable commencing on the first anniversary of the grant for a term of 10 years from grant date (first exercisable date listed).

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