

LIFE TIME FITNESS INC

Form 8-K

February 05, 2009

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**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

**FORM 8-K
CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934
Date of Report (Date of earliest event reported) February 5, 2009
Life Time Fitness, Inc.**

(Exact name of Registrant as specified in its charter)

Minnesota

001-32230

41-1689746

(State or other jurisdiction
of incorporation)

(Commission File Number)

(IRS Employer
Identification No.)

**2902 Corporate Place
Chanhassen, Minnesota**

55317

(Address of principal executive offices)

(Zip Code)

Registrant's telephone number, including area code **(952) 947-0000**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 2.02. Results of Operations and Financial Condition.

On February 5, 2009, Life Time Fitness, Inc. (the Company) reported its preliminary financial results for its fourth quarter and full year ended December 31, 2008. See the Company s press release dated February 5, 2009, which is furnished as Exhibit 99.1 and incorporated by reference in this Current Report on Form 8-K.

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Item 9.01. Financial Statements and Exhibits.

The following Exhibit is being furnished herewith:

- 99.1 Press Release Announcing Preliminary Financial Results for Fourth Quarter and Full Year 2008 dated February 5, 2009.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

LIFE TIME FITNESS, INC.

Date: February 5, 2009

By /s/ Michael R. Robinson
Michael R. Robinson
Executive Vice President and Chief
Financial Officer

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EXHIBIT INDEX

No.	Exhibit	Manner of Filing
99.1	Press Release Announcing Preliminary Financial Results for Fourth Quarter and Full Year 2008 dated February 5, 2009. 5	Filed Electronically