

Sabry James H
Form 4
August 21, 2009

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Sabry James H

2. Issuer Name and Ticker or Trading Symbol
CYTOKINETICS INC [CYTK]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
280 EAST GRAND AVENUE
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
08/19/2009

Director 10% Owner
 Officer (give title below) Other (specify below)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

SOUTH SAN FRANCISCO, CA 94080

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price (A) or (D)		
Common Stock	08/19/2009		M		29,100	A	\$ 0.58 29,100 D
Common Stock	08/19/2009		S		7,348	D	\$ 2.8 21,752 D
Common Stock	08/19/2009		S		3,337	D	\$ 2.81 18,415 D
Common Stock	08/19/2009		S		7,570	D	\$ 2.82 10,845 D
Common Stock	08/19/2009		S		5,388	D	\$ 2.83 5,457 D

Edgar Filing: Sabry James H - Form 4

Common Stock	08/19/2009	S	5,457	D	\$ 2.84	0	D	
Common Stock	08/20/2009	M	20,000	A	\$ 0.58	20,000	D	
Common Stock	08/20/2009	S	6,507	D	\$ 2.83	13,493	D	
Common Stock	08/20/2009	S	700	D	\$ 2.84	12,793	D	
Common Stock	08/20/2009	S	3,600	D	\$ 2.85	9,193	D	
Common Stock	08/20/2009	S	2,959	D	\$ 2.86	6,234	D	
Common Stock	08/20/2009	S	5,075	D	\$ 2.87	1,159	D	
Common Stock	08/20/2009	S	986	D	\$ 2.88	173	D	
Common Stock	08/20/2009	S	173	D	\$ 2.82	0	D	
Common Stock						49,550	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Underlying Security (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title
Incentive Stock Option (right to buy)	\$ 0.58	08/19/2009		M	29,100	09/28/1999 ⁽¹⁾	09/28/2009	Common Stock
Incentive Stock Option	\$ 0.58	08/20/2009		M	20,000	09/28/1999 ⁽¹⁾	09/28/2009	Common Stock

(right to buy)					
Incentive Stock Option (right to buy)	\$ 0.58		11/14/2000 ⁽²⁾	11/14/2010	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2		07/10/2002 ⁽³⁾	07/10/2012	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2		05/21/2003 ⁽⁴⁾	05/21/2013	Common Stock
Incentive Stock Option (right to buy)	\$ 6.5		04/08/2004 ⁽⁵⁾	03/08/2014	Common Stock
Incentive Stock Option (right to buy)	\$ 6.59		04/11/2005 ⁽⁶⁾	04/11/2015	Common Stock
Incentive Stock Option (right to buy)	\$ 6.81		04/01/2007 ⁽⁷⁾	03/14/2017	Common Stock
Incentive Stock Option (right to buy)	\$ 7.15		03/01/2006 ⁽⁸⁾	03/01/2016	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 1.2		07/10/2002 ⁽³⁾	07/10/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.5		04/08/2004 ⁽⁵⁾	03/08/2014	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.59		04/11/2005 ⁽⁶⁾	04/11/2015	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.81		04/01/2007 ⁽⁷⁾	03/14/2017	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 7.15		03/01/2006 ⁽⁸⁾	03/01/2016	Common Stock

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

X

