Edgar Filing: NATIONAL HEALTHCARE CORP - Form 4

NATIONAL HE Form 4 May 09, 2014	EALTHCARE	CORP	-						
FORM 4	1							OMB AF	PROVAL
	• UNITED S'	FATES		IES AND			OMMISSION	OMB Number:	3235-0287
Check this bo if no longer				0				Expires:	January 31, 2005
subject to Section 16. Form 4 or Form 5		STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,							
obligations may continue <i>See</i> Instructio 1(b).	Section 17(a)	of the		y Holding	g Compai	ny Act of	1935 or Section	I	
(Print or Type Resp	onses)								
1. Name and Addre ADAMS W AN		rson <u>*</u>	2. Issuer Nar Symbol NATIONA			-	5. Relationship of I Issuer		
			[NHC]				(Check	all applicable)
(Month/Day/			3. Date of Ear (Month/Day/Y 05/08/2014	(ear)	action		_X_ Director10% Owner Officer (give titleOther (specify below)below)		
	(Street)		4. If Amendm Filed(Month/D		riginal		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Pe	rson
MURFREESBO	ORO, TN 3712)					Person	ore than One Ke	porting
(City)	(State) (Z	ip)	Table I -	Non-Deriv	vative Secu	rities Acqu	uired, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Exe any		Code	4. Securit onAcquired Disposed (Instr. 3, -	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
~ ~ ~				Code V	Amount	(D) Pric	e (Instr. 3 and 4)		
Shares of Common Stock - AdamsMark L.P.							610,813	D	
Shares of Common Stock-WAA Exempt Trust							1,937	D	
Shares of Common Stock - Adams							35,407	Ι	Trustee

Family Foundation II			
Shares of Series A Convertible Preferred Stock - AMK, L.P.	477,375	D	
Shares of Series A Conv Pref Stock-WAA Exempt Trust	3,500	D	
Shares of Series A Conv Pref Stock-Adams Family Found II	35,407	I	Trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection	n of	SEC 1474
information contained in this form are	e not	(9-02)
required to respond unless the form		
displays a currently valid OMB contro	bl	
number.		
displays a currently valid OMB contro	Ы	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securiti	vative ies ed ed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 45.8						05/09/2011	05/08/2016	Common Stock	4,990
Option to Purchase Common	\$ 44.8						05/03/2012	05/02/2017	Common Stock	7,500

Stock								
Option to Purchase Common Stock	\$ 47.45				05/08/2013	05/07/2018	Common Stock	7,500
Option to Purchase Common Stock	\$ 52.93	05/08/2014	А	7,500 (1)	05/08/2014	05/07/2019	Common Stock	7,500

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	rector 10% Owner		Other			
ADAMS W ANDREW 222 ROBERT ROSE DRIVE MURFREESBORO, TN 37129	Х						
Signatures							
W. Andrew Adams by Kristina	Hulsey,						
P.O.A.		05	5/09/2014	4			
**Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This stock option was granted pursuant to the Company's 2005 Stock Option Plan on May 8, 2014. The grant and exercise of this stock option are exempt from Section 16(b) pursuant to Rule 16b-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.