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BROTHERS CLIVE Form 4 March 03, 2003

FORM 4 UNITED STATES SECURITIES AND EXCHANGE CO WASHINGTON, D.C. 20549					SSION		
	Form 4 or gations may SEE	Section 1	nt to Secti 7(a) of the	on 16(a) of the Public Utility	e Securi y Holdin	ties Exchar g Company A	nge Act of 1 Act of 1935
1. Name and Addr	ess of Repor	ting Person*	2. Issue	er Name AND Ticl	ker or T	rading Syml	bol 6. F
Brothers	Clive		_	nt Watchers Inte			
c/o Weight Wa 175 Crossways	atchers Inters	(Middle)	3. I.R.S Numbe Perso (volu	S. Identification of Reporting on, if an entity	on 4.	Statement : Month/Day/' February 2	for Year 7, 2003 C
	(Street)					If Amendmer Date of Ori (Month/Day,	nt, 7. iginal
Woodbury	New York	11797					
(City)	(State)	(Zip)	TABI	LE I - NON-DERIV	VATIVE S	ECURITIES A	ACQUIRED, DI
1. Title of 2. Security (Instr. 3)	action Date (Month/ Day/	Execution Date, if any	action Code (Instr. 8)	or Disposed (Instr. 3,	d of (D) 4 and 5)	Securiti Benefici Owned Fo ing Repo
				Amount	(A) or		Transact (Instr. and 4)
Common Stock,	2-27-03		М	10,000	А	\$2.125	
Common Stock, no par value	2-27-03		S	10,000	D	\$39.90	
Common Stock, no par value	2-27-03		S	33,000	D	\$39.90	61,108

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TAF		IVE SECURITIES ACQ , CALLS, WARRANTS,			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercis Price o Derivative Securit	action e Date f (Month/ Day/ Year)	Execution	4. Transac- tion Code (Instr. 8)	ative
Options (right to buy)	\$2.125				
7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following	Secu Dire		Nature of Indirect Beneficia Ownership (Instr. 4

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		Reported Transaction(s) (Instr. 4)	(Instr. 4)
Title	Amount or Number of Shares		
Common Stock, no par value	10,000	205,268	D
Explanation of	Responses:		

Note 1: Explanation of Responses: 1) Options for 94,107 shares were granted on December 17, 1999 that vest on the following schedule: 10% on December 17, 1999; 15% on December 30, 2000; 20% on December 29, 2001; 20% on December 28, 2002; 20% on January 3, 2004; and 15% on January 1, 2005. Options for 188,215 shares were granted on December 17, 1999 that, subject to meeting certain EBITDA targets, vest on the following schedule: 25% on December 30, 2000; 25% on December 29, 2001; 25% on December 28, 2002; 12.5 on January 3, 2004; and 12.5% on January 1, 2005.

/s/ Clive Brothers 02/27/03

**Signature of Reporting Person Date
Clive Brothers

SEE 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reminder: Report on a separate line for each class of securities beneficially owned directly or i

- * If the form is filed by more than one reporting person, SEE Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, SEE Instruction 6 for procedure.

http://www.sec.gov/division/corpfin/forms/form4.htm LAST UPDATE: 09/05/2002