Sabry James H Form 4 November 18, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Sabry James H

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

(Last) (First)

(Middle)

CYTOKINETICS INC [CYTK]

_X__ Director

10% Owner

280 EAST GRAND AVENUE

(Street)

3. Date of Earliest Transaction (Month/Day/Year)

11/17/2009

Other (specify Officer (give title below)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

SOUTH SAN FRANCISCO, CA 94080

(City)	(State) (Zip) Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securit on(A) or Dia (Instr. 3, 4	sposed 4 and 5 (A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/17/2009		Code V M	Amount 25,934	(D)	Price \$ 1.2	25,934	D	
Common Stock	11/17/2009		M	22,866	A	\$ 1.2	48,800	D	
Common Stock	11/17/2009		S	8,875	D	\$ 3.43	39,925	D	
Common Stock	11/17/2009		S	17,151	D	\$ 3.44	22,774	D	
Common Stock	11/17/2009		S	13,964	D	\$ 3.45	8,810	D	

Edgar Filing: Sabry James H - Form 4

Common Stock	11/17/2009	S	5,610	D	\$ 3,200	D
Common Stock	11/17/2009	S	1,700	D	\$ 3.47 1,500	D
Common Stock	11/17/2009	S	500	D	\$ 3.5 1,000	D
Common Stock	11/17/2009	S	1,000	D	\$ 3.42 0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and 4	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Incentive Stock Option (right to buy)	\$ 1.2	11/17/2009		M		25,934	07/10/2002(1)	07/10/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 1.2	11/17/2009		M		22,866	07/10/2002(1)	07/10/2012	Common Stock
Incentive Stock Option (right to buy)	\$ 0.58						11/14/2000(2)	11/14/2010	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2						05/21/2003(3)	05/21/2013	Common Stock
Incentive Stock Option (right to buy)	\$ 6.5						04/08/2004(4)	03/08/2014	Common Stock
Incentive Stock Option (right to buy)	\$ 6.59						04/11/2005(5)	04/11/2015	Common Stock

Edgar Filing: Sabry James H - Form 4

Incentive Stock Option (right to buy)	\$ 6.81	04/01/2007(6)	03/14/2017	Common Stock
Incentive Stock Option (right to buy)	\$ 7.15	03/01/2006(7)	03/01/2016	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.5	04/08/2004(4)	03/08/2014	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.59	04/11/2005(5)	04/11/2015	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.81	04/01/2007(6)	03/14/2017	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 7.15	03/01/2006(7)	03/01/2016	Common Stock

Reporting Owners

Reporting Owner Name / Address		Relationships					
	Director	10% Owner	Officer	Other			
ry James H							
FAST GRAND AVENUE	X						

Signatures

Sabr

James H. Sabry, M.D., Ph.D. 11/18/2009

**Signature of Reporting Person Date

SOUTH SAN FRANCISCO, CA 94080

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- When the ISO and NQ dated 07/10/02 are combined for a total grant of 300,000 shares, the option is immediately exercisable upon grant (1) and shall vest as to 5,000 shares on 04/15/02 and the balance of 295,000 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/15/07.
- When the ISO and NQ dated 11/14/00 are combined for a total grant of 250,000 shares, the option is immediately exercisable upon grant and shall vest as to 4,167 shares on 12/14/00 and the balance of 245,833 divided into equal monthly installments thereafter such that the option shall be 100% vested on 11/14/05.
- (3) This option is immediately exercisable upon grant and shall vest as to 1,563 shares on 04/01/03 and the balance of 73,437 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/01/07.
- When the ISO and NQ dated 03/08/04 are combined for a total grant of 86,500 shares, the option shall vest and become exercisable as to (4) 1,802 shares on 04/08/04 and the balance of 84,698 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/08/08.

Reporting Owners 3

Edgar Filing: Sabry James H - Form 4

- (5) When the ISO and NQ dated 04/11/05 are combined for a total grant of 85,000 shares, the option shall vest and become exercisable as to 85,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2009.
- When the ISO and NQ dated 03/14/2007 are combined for a total grant of 100,000 shares, the option shall vest and become exercisable as to 2,083 shares on 04/01/07 and the balance of 97,917 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/01/11.
- When the ISO and NQ dated 03/01/2006 are combined for a total grant of 150,000 shares, the option shall vest and become exercisable as to 150,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.