THOMAS DARRYL K

Form 4

January 31, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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response...

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Security

(Instr. 3)

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * THOMAS DARRYL K

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(First) (Middle) NAUTILUS, INC. [NLS] 3. Date of Earliest Transaction

(Check all applicable)

C/O NAUTILUS, INC, 16400 SE

(Street)

(Month/Day/Year)

10% Owner Other (specify

01/29/2006

X_ Officer (give title below) below)

Sr. VP, International

6. Individual or Joint/Group Filing(Check

(Instr. 4)

NAUTILUS DRIVE

4. If Amendment, Date Original

Applicable Line)

Director

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

VANCOUVER, WA 98683

(City) (State) (Zip) 1. Title of 2. Transaction Date 2A. Deemed

(Month/Day/Year)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 3. 4. Securities Execution Date, if TransactionAcquired (A) or

Disposed of (D)

Code V Amount (D) Price

(A)

5. Amount of Securities Beneficially

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (I)

(Instr. 4)

(Instr. 3, 4 and 5) (Month/Day/Year) (Instr. 8)

Code

Following Reported Transaction(s)

Owned

(Instr. 3 and 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction Date 3A. Deemed 5. Number of 6. Date Exercisable and 4. Derivative Conversion (Month/Day/Year) Execution Date, if **Transaction**Derivative **Expiration Date** Security or Exercise Code Securities (Month/Day/Year) any

7. Title and Amo

Underlying Secu

(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr.	8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Ar or Nu of
Stock Option (Right to Buy)	\$ 15.15	01/29/2006		A		12,000		01/29/2007(1)	01/29/2013	Common Stock	12
Performance Unit	\$ 0	01/29/2006		A		3,000		(2)	<u>(2)</u>	Common Stock	3

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

THOMAS DARRYL K C/O NAUTILUS, INC 16400 SE NAUTILUS DRIVE VANCOUVER, WA 98683

Sr. VP, International

Signatures

William D. Meadowcroft, by power of attorney

01/31/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in 5 equal annual installments beginning on 1/29/2007.
- (2) The performance unit award shall entitle Mr. Thomas to receive 3,000 shares of Nautilus, Inc common stock vesting annually over three years if the Company achieves the following annual earnings per share: 2006 \$1.15 2007 \$1.40 2008 \$1.70

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2