

CROW BARRY L
Form 4
July 05, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CROW BARRY L

2. Issuer Name and Ticker or Trading Symbol
SIMMONS FIRST NATIONAL CORP [SFNC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
Chief Operating Officer

(Last) (First) (Middle)

SIMMONS FIRST NATIONAL CORP, 501 MAIN STREET

(Street)

3. Date of Earliest Transaction (Month/Day/Year)
05/23/2005

PINE BLUFF, AR 71611

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
				(A) or (D)	Amount	Price				
SFNC	05/23/2005		A	V	590	A	\$ 0	21,393	D	
SFNC								4,368	I	IRA
SFNC								2,477	I	Joint
SFNC								2,546	I	By Trust (Spouse)
SFNC								600	I	IRA (Spouse)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Pr Deri Secur (Inst		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Option	\$ 12.83	11/26/1996		X	0	11/26/2000	11/25/2005	Common	1,200	\$ 1
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2000	12/27/2005	Common	400	\$ 1
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2001	12/27/2006	Common	400	\$ 1
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2002	12/27/2007	Common	400	\$ 1
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2003	12/27/2008	Common	400	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000		X	0	07/28/2001	07/27/2006	Common	400	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000		X	0	07/28/2002	07/27/2007	Common	400	\$ 1
Incentive Stock Option	\$ 10.56	07/28/2000		X	0	07/28/2003	07/27/2008	Common	400	\$ 1
	\$ 10.56	07/28/2000		X	0	07/28/2004	07/27/2009	Common	400	\$ 1

Incentive Stock Option										
Incentive Stock Option	\$ 12.13	05/07/2001	X	0	05/07/2001	05/06/2011	Common	3,600	\$ 1	
Incentive Stock Option	\$ 12.13	05/07/2001	X	0	05/07/2002	05/06/2011	Common	3,600	\$ 1	
Incentive Stock Option	\$ 12.13	05/07/2001	X	0	05/07/2003	05/06/2011	Common	3,600	\$ 1	
Incentive Stock Option	\$ 12.13	05/07/2001	X	0	05/07/2004	05/06/2011	Common	3,600	\$ 1	
Incentive Stock Option	\$ 12.13	05/07/2001	X	0	05/07/2005	05/06/2011	Common	3,600	\$ 1	
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2004	07/25/2014	Common	600	\$ 2	
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2005	07/25/2014	Common	600	\$ 2	
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2006	07/25/2014	Common	600	\$ 2	
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2007	07/25/2014	Common	600	\$ 2	
Incentive Stock Option	\$ 23.78	07/26/2004	X	0	07/26/2008	07/25/2014	Common	600	\$ 2	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CROW BARRY L SIMMONS FIRST NATIONAL CORP 501 MAIN STREET PINE BLUFF, AR 71611			Chief Operating Officer	

Signatures

/s/ Barry L. Crow by Piper P.
Erwin

07/05/2005

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.