Form 8-K July 22, 2010 UNITED STATE			
SECURITIES A	ND EXCHANGE COMMISSION		
Washington, DC	2 20549		
FORM 8-K			
CURRENT REF	PORT		
Pursuant to Sect	ion 13 or 15(d) of the Securities Exchange Act of 1934		
Date of Report (Date of earliest event reported) July 21, 2010			
Commission File Number: 1-5273-1			
Sterling Bancorp (Exact name of Registrant as specified in its charter)			
N	ew York	13-2565216	
-,	(State of other jurisdiction of incorporation)	(IRS Employer Identification No.)	
65	50 Fifth Avenue, New York, New York (Address of principal executive offices)	10019-6108 (Zip Code)	
(212) 757- 3300 (Registrant's telephone number, including area code)			
N/A (Former name, former address and former fiscal year, if changed since last report)			

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of

the following provisions:

- O Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- O Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- O Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)
- O Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17CFR 240.13e-4(c)

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### <u>ITEM 7.01</u>

### REGULATION FD DISCLOSURE

On July 21, 2010, the Company issued a press release announcing a presentation on July 27, 2010 by John C. Millman, President of Sterling Bancorp, as part of the Keefe Bruyette & Woods 2010 Community Bank Conference.

#### **ITEM 9.01**

### FINANCIAL STATEMENTS AND EXHIBITS

- (d) Exhibits
  - 99.1 Press release dated July 21, 2010 (furnished pursuant to Item 7.01)

### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DATE: July 22, 2010

BY: /s/ JOHN W. TIETJEN
JOHN W. TIETJEN
Executive Vice President
and Chief Financial Officer

### EXHIBIT INDEX

Exhibit Number

99.1 Press Release dated July 21, 2010