

TEXEN OIL & GAS INC  
Form 8-K  
July 22, 2004

---

**SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

**July 21, 2004**

Date of Report (Date of earliest event reported)

**TEXEN OIL AND GAS, INC.**

(Exact name of registrant as specified in its charter)

**Nevada**  
(State or other  
jurisdiction of  
incorporation)

**000-33193**  
(Commission File  
Number)

**88-0435904**  
(I.R.S Employer Identification No.)

**2401 Fountain View Drive, Houston, Texas 77070**  
(Address of principal executive offices)

**(713) 782-5758**  
(Registrant's telephone number, including area code)

---

**ITEM 7. FINANCIAL STATEMENTS AND EXHIBITS**

<b>Exhibit No.</b>	<b>Description</b>
<u>99.1</u>	<u>Press Release</u>
<u>99.2</u>	<u>Press Release</u>

**ITEM 9. REGULATION FD DISCLOSURE**

Texen Oil and Gas Names Michael Sims as President and CEO

Texen Oil and Gas Issue Field Update

---

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**TEXEN OIL AND GAS, INC.**

BY: /s/ Michael Sims  
Michael Sims, President and CEO

DATED: July 21, 2004

---