

WORTHINGTON INDUSTRIES INC
 Form 4
 October 05, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
WELCH RICHARD G

2. Issuer Name and Ticker or Trading Symbol
WORTHINGTON INDUSTRIES INC [WOR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
200 OLD WILSON BRIDGE ROAD
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
10/03/2005

____ Director
 Officer (give title below)
 ____ 10% Owner
 ____ Other (specify below)
 Controller

COLUMBUS, OH 43085

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Shares	10/03/2005		M		4,000	A	\$ 12
Common Shares	10/03/2005		S		2,958	D	\$ 20.9512
Common Shares	10/03/2005		M		3,000	A	\$ 9.3
Common Shares	10/03/2005		S		1,986	D	\$ 20.9512
Common Shares	10/03/2005		M		8,000	A	\$ 15.15

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Common Shares	10/03/2005	S	6,639	D	\$ 20.9512	8,473	D
Common Shares	10/03/2005	M	4,000	A	\$ 15.26	12,473	D
Common Shares	10/03/2005	S	3,333	D	\$ 20.9512	9,140	D
Common Shares	10/03/2005	M	3,000	A	\$ 19.2	12,140	D
Common Shares	10/03/2005	D	2,839	D	\$ 20.9512	9,301	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Employee Stock Option	\$ 12	10/03/2005		M	4,000	Date Exercisable: 05/19/2001 ⁽¹⁾ Expiration Date: 05/19/2010	common shares	4,000
Employee Stock Option	\$ 9.3	10/03/2005		M	3,000	03/30/2002 ⁽²⁾ 03/30/2011	common shares	3,000
Employee Stock Option	\$ 15.15	10/03/2005		M	8,000	06/03/2003 ⁽³⁾ 06/03/2012	common shares	8,000
Employee Stock Option	\$ 15.26	10/03/2005		M	4,000	06/02/2004 ⁽⁴⁾ 06/02/2013	common shares	4,000
Employee Stock	\$ 19.2	10/03/2005		M	3,000	06/01/2005 ⁽⁵⁾ 06/01/2014	common shares	3,000

