

AMERUS GROUP CO/IA
Form 4
February 24, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BROOKS ROGER K

2. Issuer Name and Ticker or Trading Symbol
AMERUS GROUP CO/IA [AMH]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
699 WALNUT STREET
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
02/22/2006

Director 10% Owner
 Officer (give title below) Other (specify below)

DES MOINES, IA 50309

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/22/2006	02/22/2006	S	16,300 D	29,900	D	
Common Stock	02/23/2006	02/23/2006	S	18,800 D	11,100	D	
Common Stock	02/24/2006	02/24/2006	S	10,900 D	200	D	
Common Stock					46,263.69	I	Roger K Brooks Revocable Trust
Common					7,089.287	I	By 401(k)

Stock				Plan
Common Stock	9,000	I		By Spouse
Common Stock	15,000	I		RKB Partnership, L.P.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BROOKS ROGER K 699 WALNUT STREET DES MOINES, IA 50309		X		

Signatures

/s/ Jeananne M. Celander, attorney-in-fact for Mr. Brooks

02/24/2006

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) 600 at \$61.95 1500 at \$61.96 700 at \$ 61.97 900 at \$61.98 800 at \$61.99 2600 at \$62.00 400 at \$62.01 1600 at \$62.02 2500 at \$62.03 2300 at \$62.04 500 at \$62.05 100 at \$62.07 200 at \$62.08 100 at \$62.09 100 at \$62.10 800 at \$62.12 100 at \$62.13 100 at \$62.14 300 at \$62.16 100 at 62.17
- (2) 2600 at \$61.76 1900 at \$61.77 2100 at \$61.78 3200 at \$61.79 1900 at \$61.80 2900 at \$61.81 800 at \$61.82 200 at \$61.83 100 at \$61.84 100 at \$61.85 100 at \$61.86 300 at \$61.88 100 at \$61.89 100 at \$61.90 1100 at \$61.91 1300 at \$61.92
- (3) 1,500 at 61.25 2,200 at 61.26 100 at 61.30 400 at 61.31 400 at 61.32 1,200 at 61.33 2,900 at 61.50 700 at 61.51 600 at 61.60 200 at 61.66 300 at 61.67 200 at 61.69 200 at 61.70

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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