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HERBALIF Form 4 April 02, 20													
FORM										OMB AF	PROVAL		
	4 UNITED S	STATES						NGE C	OMMISSION	OMB Number:	3235-028		
Check th if no long subject to Section 1 Form 4 c	o STATEM 16.	Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									Expires: January 31, 2005 Estimated average burden hours per response 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940													
(Print or Type]	Responses)												
1. Name and A NOACK PA	Address of Reporting F AUL		Symbol	Name an				ng	5. Relationship of Issuer				
(Last)	(First) (M			Earliest		-	L		(Check	k all applicable	2)		
1800 CENT	TURY PARK EAS		(Month/D 03/31/20	-					Director X Officer (give below) Managir		Owner er (specify sia		
	(Street)			ndment, E hth/Day/Yea		e Original	l		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	one Reporting Pe	rson		
	ELES, CA 90067	7in)							Person				
(City)		Zip)			-De			-	uired, Disposed of		-		
(Instr. 3)	ecurity (Month/Day/Year) Execution Date, if Instr. 3) any			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	•		
~				Code V	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	03/31/2008			М		3,750	А	\$ 8.02	46,723	D			
Common Stock	03/31/2008			S <u>(1)</u>		100	D	\$ 46	46,623	D			
Common Stock	03/31/2008			S <u>(1)</u>		200	D	\$ 45.9	46,423	D			
Common Stock	03/31/2008			S <u>(1)</u>		100	D	\$ 45.86	46,323	D			
Common Stock	03/31/2008			S <u>(1)</u>		200	D	\$ 45.85	46,123	D			

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Common Stock	03/31/2008	S <u>(1)</u>	100	D	\$45.8 46,023 I)
Common Stock	03/31/2008	S <u>(1)</u>	100	D	\$ 45,923 I)
Common Stock	03/31/2008	S <u>(1)</u>	300	D	\$ 45,623 I	C
Common Stock	03/31/2008	S <u>(1)</u>	200	D	\$ 45,423 I	C
Common Stock	03/31/2008	S <u>(1)</u>	200	D	\$ 45,223 I)
Common Stock	03/31/2008	S <u>(1)</u>	900	D	\$ 44,323 I	C
Common Stock	03/31/2008	S <u>(1)</u>	500	D	\$ 43,823 I	5
Common Stock	03/31/2008	S <u>(1)</u>	100	D	\$ 43,723 I	C
Common Stock	03/31/2008	S <u>(1)</u>	50	D	\$ 43,673 I	C
Common Stock	03/31/2008	S <u>(1)</u>	300	D	\$ 43,373 I	5
Common Stock	03/31/2008	S <u>(1)</u>	400	D	\$ 42,973 I)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares
	\$ 8.02	03/31/2008	М	3,750	(2)	04/03/2014		3,75

Non-Qualified Stock Option (Right to Buy)

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
NOACK PAUL 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			Managing Director - Asia					
Signatures								
Vicki Tuchman by Power of Attorney		04/02/2008	3					
**Signature of Reporting Person		Date						
Explanation of Responses:								
* If the form is filed by more than one reporting person, <i>see</i> Instruction 4(b)(v).								

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 11, 2007.
- (2) Options vest in 5% quarterly increments commencing on April 3, 2004 and each quarter thereafter until fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.