RILEY RAY A Form 4 March 29, 2011

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

January 31, Expires: 2005

5. Relationship of Reporting Person(s) to

Issuer

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

RILEY RAY A

1. Name and Address of Reporting Person *

			CITIZENS INC [CIA]					(Check all applicable)				
(Last) (First) (Middle) 400 EAST ANDERSON LANE			3. Date of Earliest Transaction (Month/Day/Year) 01/07/2011					Director 10% Owner Officer (give titleX Other (specify below) EVP, USA Marketing				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
AUSTIN, TX 78752									Form filed by More than One Reporting Person			
(City)	(State)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transa Code (Instr.	8)	4. Securities on(A) or Disp (Instr. 3, 4	osed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Citizens, Inc. Class A Common Stock (1)	01/07/2011			L	V	67.0713	, ,	\$ 7.42	220,564.3239	D		
Citizens, Inc. Class A Common Stock (1)	01/28/2011			L	V	70.1266	A	\$ 7.1	220,634.4505	D		
Citizens, Inc. Class	02/25/2011			L	V	67.358	A	\$ 7.39	220,701.8085	D		

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A Common Stock (1)								
Citizens, Inc. Class A Common Stock (2)	03/25/2011	S	2,122	D	\$ 7.4	218,579.8085	D	
Citizens, Inc. Class A Common Stock (2)	03/25/2011	S	700	D	\$ 7.42	217,879.8085	D	
Citizens, Inc. Class A Common Stock (2)	03/25/2011	S	878	D	\$ 7.43	217,001.8085	D	
Citizens, Inc. Class A Common Stock (2)	03/28/2011	S	400	D	\$ 7.4	216,601.8085	D	
Citizens, Inc. Class A Common Stock						124,875	I	Custodian for Child - Lee Riley
Citizens, Inc. Class A Common Stock						22,823	I	Joint Tenant with Spouse - Jenny Riley
Citizens, Inc. Class A Common Stock						84,544	I	Custodian for Child - Christopher Riley
Citizens, Inc. Class A Common Stock						17,040	I	Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title a	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		mber Expiration Date		Amount	of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									mount		
						Date	Expiration	01 Title N			
						Exercisable	Date		lumber		
				C 1 W	(A) (D)			of			
				Code V	(A) (D)			S	hares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

RILEY RAY A 400 EAST ANDERSON LANE AUSTIN, TX 78752

EVP, USA Marketing

Signatures

/s/Ray A. Riley 03/29/2011

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.
- (2) This transaction was an open market sale.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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