

Harms Thomas
Form 4
April 04, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
Harms Thomas

(Last) (First) (Middle)

800 W. OLYMPIC BLVD., SUITE
406

(Street)

LOS ANGELES, CA 90015

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

HERBALIFE LTD. [HLF]

3. Date of Earliest Transaction
(Month/Day/Year)

04/02/2018

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
____X____ Officer (give title below) ____ Other (specify below)

SVP, China & APAC

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	04/02/2018		M ⁽¹⁾⁽²⁾	V Amount (A) or (D) Price 9,176 A \$ 30.44	13,810	D	
Common Stock	04/02/2018		D ⁽¹⁾⁽²⁾	2,869 D \$ 97.38	10,941	D	
Common Stock	04/02/2018		F ⁽¹⁾⁽²⁾	3,128 D \$ 97.38	7,813	D	
Common Stock	04/02/2018		M ⁽¹⁾⁽³⁾	6,639 A \$ 59.98	14,452	D	
Common Stock	04/02/2018		D ⁽¹⁾⁽³⁾	4,090 D \$ 97.38	10,362	D	

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Common Stock	04/02/2018	<u>F(1)(3)</u>	1,265	D	\$ 97.38	9,097	D
Common Stock	04/02/2018	<u>M(1)(4)</u>	11,803	A	\$ 44.79	20,900	D
Common Stock	04/02/2018	<u>D(1)(4)</u>	5,429	D	\$ 97.38	15,471	D
Common Stock	04/02/2018	<u>F(1)(4)</u>	3,161	D	\$ 97.38	12,310	D
Common Stock	04/02/2018	<u>M(1)(5)</u>	4,167	A	\$ 53.29	16,477	D
Common Stock	04/02/2018	<u>D(1)(5)</u>	2,281	D	\$ 97.38	14,196	D
Common Stock	04/02/2018	<u>F(1)(5)</u>	684	D	\$ 97.38	13,512	D
Common Stock	04/02/2018	<u>M(1)(6)</u>	5,032	A	\$ 22.94	18,544	D
Common Stock	04/02/2018	<u>D(1)(6)</u>	1,186	D	\$ 97.38	17,358	D
Common Stock	04/02/2018	<u>F(1)(6)</u>	1,331	D	\$ 97.38	16,027	D
Common Stock	04/04/2018	<u>S(1)</u>	11,393	D	\$ 95.98	4,634	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Security (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of
Stock Appreciation	\$ 30.44	04/02/2018		M <u>(1)(2)</u>			9,176	03/02/2018	03/02/2025	Common Stock	9

Right

Stock

Appreciation Right	\$ 59.98	04/02/2018	M ⁽¹⁾⁽³⁾	6,639	04/30/2017	04/30/2024	Common Stock
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Stock

Appreciation Right	\$ 44.79	04/02/2018	M ⁽¹⁾⁽⁴⁾	11,803	05/31/2015	05/31/2022	Common Stock
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Stock

Appreciation Right	\$ 53.29	04/02/2018	M ⁽¹⁾⁽⁵⁾	4,167	05/18/2014	05/18/2021	Common Stock
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Stock

Appreciation Right	\$ 22.94	04/02/2018	M ⁽¹⁾⁽⁶⁾	5,032	05/07/2010	05/07/2020	Common Stock
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Reporting Owners

Reporting Owner Name / Address

Relationships

Director	10% Owner	Officer	Other
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Harms Thomas
800 W. OLYMPIC BLVD., SUITE 406
LOS ANGELES, CA 90015

SVP, China & APAC

Signatures

/s/ Eileen Uy, Attorney-in-Fact for Thomas Harms

04/04/2018

 Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on February 28, 2018.

The reporting person received 3,179 shares of common stock upon the net exercise of 9,176 stock appreciation rights ("SARs"). The reporting person forfeited 2,869 shares of common stock underlying such SARs in payment of the exercise price and 3,128 shares of common stock underlying such SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on April 2, 2018 of \$97.38.

(3) The reporting person received 1,284 shares of common stock upon the net exercise of 6,639 SARs. The reporting person forfeited 4,090 shares of common stock underlying such SARs in payment of the exercise price and 1,265 shares of common stock underlying such SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on April 2, 2018, of \$97.38.

(4) The reporting person received 3,213 shares of common stock upon the net exercise of 11,803 SARs. The reporting person forfeited 5,429 shares of common stock underlying such SARs in payment of the exercise price and 3,161 shares of common stock underlying such SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on April 2, 2018, of \$97.38.

(5) The reporting person received 1,202 shares of common stock upon the net exercise of 4,167 SARs. The reporting person forfeited 2,281 shares of common stock underlying such SARs in payment of the exercise price and 684 shares of common stock underlying such SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on April 2, 2018, of \$97.38.

(6) The reporting person received 2,515 shares of common stock upon the net exercise of 5,032 SARs. The reporting person forfeited 1,186 shares of common stock underlying such SARs in payment of the exercise price and 1,331 shares of common stock underlying such SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on April 2, 2018, of \$97.38.

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