## Edgar Filing: Jasek John H - Form 4

Jasek John H Form 4												
February 08,	2010											
FORM A									OMB APPROVAL			
	<b>UNITED STATES SECURITIES AND EXCHANGE COMMISSION</b> Washington, D.C. 20549								OMB Number:	3235-0287		
Check thi if no long subject to Section 10 Form 4 or Form 5	er <b>STATEM</b> 6.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES										
obligation may conti <i>See</i> Instru 1(b).	s Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type R	lesponses)											
1. Name and Address of Reporting Person <u>*</u> Jasek John H			2. Issuer Name <b>and</b> Ticker or Trading Symbol NEWFIELD EXPLORATION CO					5. Relationship of Reporting Person(s) to Issuer				
		/DE/ [NFX]					(Check all applicable)					
(Last) (First) (Middle) 363 N. SAM HOUSTON PKWY E, SUITE 100			3. Date of Earliest Transaction (Month/Day/Year) 02/04/2010					Director       10% Owner         Officer (give title give t				
	(Street) 4. If Am				Amendment, Date Original (Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
HOUSTON,	TX 77060							Form filed by I Person	More than One R	eporting		
(City)	(State) (	Zip)	Table	e I - Non-D	erivative s	Securi	ities Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	any		ned n Date, if Day/Year)	3. Transactic Code (Instr. 8)	TransactionAcquired (A) or Code Disposed of (D)			SecuritiesHBeneficially(OwnedH	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
common				Code V	Amount 9,900	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				
stock	02/04/2010				<u>(1)</u>	А	\$0	65,363	D			
common stock	02/04/2010			А	6,100 (2)	А	\$0	71,463	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships					
1	Director	10% Owner	Officer	Other		
Jasek John H 363 N. SAM HOUSTON PKWY E, SUITE 100 HOUSTON, TX 77060			Vice President-Gulf of Mexico			
Signatures			MEXICO			

/S/ Michelle S. Miller as attorney-in-fact for John H. Jasek

\*\*Signature of Reporting Person

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) The shares subject to this award will vest in equal annual installments on February 4, 2011, February 4, 2012 and February 4, 2013.
- (2) The shares subject to this award have the possibility of vesting monthly, no earlier than April 15, 2013 and no later than April 15, 2015, and will only vest if certain performance criteria are met.

02/08/2010

Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.