

Edgar Filing: FIRST TRUST ENERGY INCOME & GROWTH FUND - Form 8-K

|_ | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Letter to Shareholders

(d) Exhibits

| Exhibit Number | Description |
|----------------|--|
| 99.1 | Letter to Shareholders dated February 2, 2016. |

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: February 2, 2016

FIRST TRUST ENERGY INCOME AND GROWTH FUND

By: /s/ W. Scott Jardine

Name: W. Scott Jardine

Title: Secretary

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