

Post Holdings, Inc.
Form 4
February 09, 2016

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
STIRITZ WILLIAM P

2. Issuer Name and Ticker or Trading Symbol
Post Holdings, Inc. [POST]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner
 Officer (give title below) Other (specify below)

C/O POST HOLDINGS, INC., 2503 S. HANLEY ROAD

02/08/2016

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

ST. LOUIS, MO 63144

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	Price				
Common Stock	02/08/2016		P		200,000	A	\$ 63.59 (1)	1,081,996	D	
Common Stock	02/08/2016		P		79,907	A	\$ 63.72 (2)	80,073	I	By Spouse
Common Stock	02/08/2016		P		199,735	A	\$ 63.77 (3)	199,735	I	By Trust (4)
Common Stock	02/09/2016		P		70,000	A	\$ 63.4 (5)	150,073	I	By Spouse

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Purchase of stock in the account of the Wildwood Trust dated September 6, 2012. The Reporting Person is the grantor and trustee of the Wildwood Trust, and the Reporting Person's spouse and children are the beneficiaries.

- (5) Purchase of 70,000 shares of common stock on February 9, 2016 at prices ranging from \$62.11 to \$64.01, with an average price of \$63.40.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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