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Check this box if no longer subject to Section 16. UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB Number Expire STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Expire Estimation burder								V OMB Number: Expires: Estimated burden ho response.	urs per		
(Print or Type	Responses)										
Flynn Ames Symbo			ssuer Name and Ticker or Trading ol nded Stay America, Inc. [STAY]				5. Relationship of Reporting Person(s) to Issuer(Check all applicable)				
(Month/			te of Earliest th/Day/Year) 7/2019					Director 10% Owner X Officer (give title Other (specify below) below) See Remarks			
			(Month/Day/Year) Applica _X_Fo				Applicable Line) _X_ Form filed by	vidual or Joint/Group Filing(Check ble Line) rm filed by One Reporting Person m filed by More than One Reporting			
CHARLO	ГТЕ, NC 28277						Person	More than One F	Reporting		
(City)	(State)	(Zip)	Fable I - Non	-Derivativ	e Secu	rities A	cquired, Disposed o	of, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Ye:	Code	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	D) or Beneficial adirect (I) Ownership		
Paired	02/07/2010		Code V (2)		, í	Price		D			
Shares (1)	02/07/2019		A <u>(2)</u>	37,725	А	\$0	92,240	D			
Paired Shares (1)	02/07/2019		A <u>(3)</u>	2,143	А	\$0	94,383	D			
Paired Shares (1)	02/07/2019		A <u>(4)</u>	1,615	А	\$0	95,998	D			
Paired Shares (1)	02/07/2019		A <u>(5)</u>	6,731	А	\$0	102,729	D			

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3,	3	ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Flynn Ames C/O EXTENDED STAY AMERICA, INC. 11525 N. COMMUNITY HOUSE ROAD, SUITE 100 CHARLOTTE, NC 28277			See Remarks			
Signatures						
/s/ Christopher Dekle, Attorney-in-Fact for Ames Flynn	02/08	/2019				
<u>**</u> Signature of Reporting Person	Dat	te				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each Paired Share is comprised of one share of common stock, par value \$0.01 per share, of Extended Stay America, Inc. and one share of Class B common stock, par value \$0.01 per share, of ESH Hospitality, Inc., which shares are paired and traded as a single unit.

The reported transaction is an award of Restricted Stock Units in respect of Paired Shares. Subject to the reporting person's continued employment through the applicable vesting date, these Restricted Stock Units are scheduled to vest annually over a three-year period such

(2) that one-third of the Restricted Stock Units will vest on each of February 7, 2020, February 7, 2021 and February 7, 2022. Vested Restricted Stock Units will be settled in Paired Shares on the March 15th next following the applicable vesting date (or, in any year when the 15th of March falls on a non-business day, the business day immediately prior to such date).

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- (3) The reported transaction is the vesting of performance-vesting Restricted Stock Units awarded on February 24, 2016, based on the achievement of a cumulative EBITDA target for the 2018 calendar year.
- (4) The reported transaction is the vesting of performance-vesting Restricted Stock Units awarded on February 21, 2017, based on the achievement of a cumulative EBITDA target for the 2018 calendar year.
- (5) The reported transaction is the vesting of performance-vesting Restricted Stock Units awarded on February 24, 2016, based on the achievement of a relative total shareholder return target for the period beginning on January 1, 2016 and ending on December 31, 2018.

Remarks:

Mr. Flynn is the Executive Vice President of Shared Services of Extended Stay America, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.