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RCM TECHNOLOGIES INC  
Form 8-K  
November 10, 2004

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 10, 2004  
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RCM Technologies, Inc.  
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(Exact Name of Registrant Specified in Charter)

Nevada	1-10245	95-1480559
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(State or Other Jurisdiction of Incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)

2500 McClellan Avenue, Suite 350  
Pennsauken, NJ

08109-4613

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(Address of Principal Executive Offices)

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(Zip Code)

Registrant's telephone number, including area code: (856) 486-1777  
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Item 12. Results of Operations and Financial Condition

On November 10, 2004, the Registrant issued a press release regarding its financial results for the forty weeks and thirteen weeks ended October 2, 2004. A copy of the press release is furnished as Exhibit 99 to this report.  
Use of Non-GAAP Financial Information

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To supplement its consolidated financial statements presented in accordance with GAAP, the Registrant uses certain non-GAAP financial measures, including EBITDA and EBITDA per share, which are derived from results based on GAAP. Non-GAAP adjustments are provided to enhance the user's overall understanding of the Registrant's current financial performance and its prospects for the future, including its results of operations, cash generated and resources available for strategic opportunities including reinvestment in the business and acquisitions. In addition, the Registrant has historically reported similar non-GAAP results to the investment community, and, as a result, believes the inclusion of non-GAAP presentations provides consistency in its financial reporting. Further, the non-GAAP results are one of the primary indicators management uses for planning and forecasting in future periods. The presentation of this additional information is not meant to be considered in isolation or as a substitute for results prepared in accordance with accounting principles generally accepted in the United States.

The information set forth under this "Item 12. Results of Operations and Financial Condition" (including the exhibit) shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, nor shall it be incorporated by reference in any filing made by the Registrant pursuant to the Securities Act of 1933, as amended, other than to the extent that such filing incorporates by reference any or all of such information by express reference thereto.

### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

RCM TECHNOLOGIES, INC.

By: /s/Stanton Remer  
Stanton Remer  
Chief Financial Officer,  
Treasurer, Secretary and Director  
(Principal Financial Officer and  
Duly Authorized Officer of the Registrant)

Dated: November 10, 2004

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### EXHIBIT INDEX

Exhibit Number	Exhibit Title
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Press release dated November 10, 2004, furnished  
in accordance with Item 12 of this Current  
Report on Form 8-K.