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Kaufmann M Form 4 July 05, 201										
FORM	ΠΔ							OMB AF	PROVAL	
	UNITED STAT	box T STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1040							3235-0287	
Check th if no lon subject t Section Form 4 of Form 5 obligation may con <i>See</i> Instr 1(b).	ger o 16. or Filed pursuant tinue. Section 17(a) of t								Number: January 31, Expires: 2005 Estimated average burden hours per response 0.5	
(Print or Type	Responses)									
1. Name and A Kaufmann I	r Name and Ticker or Trading NAL HEALTH INC [CAH]				5. Relationship of Reporting Person(s) to Issuer					
(Last)	(First) (Middle)	3. Date o	3. Date of Earliest Transaction				(Checi	(Check all applicable)		
			nth/Day/Year) 01/2011				Director 10% Owner X Officer (give title Other (specify below) below) CEO, Pharmaceutical Segment			
	endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
DUBLIN, OH 43017										
(City)	(State) (Zip)	Tab	le I - Non-D	Derivative S	Securi	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	any	eemed tion Date, if h/Day/Year)	Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
C.			Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Shares	07/01/2011		M <u>(1)</u>	10,143	А	\$ 32.33	72,303	D		
Common Shares	07/01/2011		S <u>(1)</u>	10,143	D	\$ 45.95	62,160	D		
Common Shares							32	Ι	By Spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	onDeri Secu Acqu or D (D) (Inst	5. Number of 6. Date Exerc Derivative Expiration Da Securities (Month/Day/ Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		te	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Employee Stock Option (right to buy)	\$ 32.33	07/01/2011		M <u>(1)</u>		10,143	08/23/2007	08/23/2014	Common Shares	10,143

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Kaufmann Michael C 7000 CARDINAL PLACE DUBLIN, OH 43017			CEO, Pharmaceutical Segment					
Signatures								
/s/ James E. Barnett, Attorney-in-fact		07/05/201	1					
<u>**</u> Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option exercise and sale reported on this Form 4 were effected pursuant to a 10b5-1 plan adopted by the reporting person on February 9, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.