

EXTENDICARE INC /CAN/  
Form 6-K  
November 15, 2004

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 6-K**

**Report of Foreign Issuer**

Pursuant to Rule 13a-16 or 15d-16 of  
the Securities Exchange Act of 1934

For November 15, 2004

**EXTENDICARE INC.**

*(Translation of registrant's name into English)*

3000 Steeles Avenue East  
**Markham, Ontario, Canada L3R 9W2**

*(Address of principal executive offices)*

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F [  ]

Form 40-F [  ]

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes [  ]

No [  ]

If  Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):  
N/A

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**EXHIBIT INDEX**

<b>Exhibit Number</b>	<b>Description of Exhibit</b>
99.1	Material Change Report dated November 12, 2004
99.2	Plan of Merger and Acquisition Agreement by and among Extencicare Health Services, Inc., Alpha Acquisition, Inc. and Assisted Living Concepts, Inc.

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**EXTENDICARE INC.**

Date: November 15, 2004

By: /s/ RICHARD L. BERTRAND

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Richard L. Bertrand  
Senior Vice-President and Chief Financial Officer