Robinson Eliot S Form 5 January 28, 2009

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0362

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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See Instruction
1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
Reported
Form 4 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

1. Name and Address of Reporting Person ** Robinson Eliot S		Symbol	2. Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL]				5. Relationship of Reporting Person(s) to Issuer		
(Last) 650 FIFTH FLOOR	(First) (M AVENUE, 4TH	(Month/D 12/31/20		Fiscal Yea	r End		DirectorX Officer (giv below)		Owner er (specify
	(Street)		ndment, Date (nth/Day/Year)	Original			6. Individual or J	oint/Group Rep	C
NEW YOR	K, NY 10019						_X_ Form Filed by Form Filed by Person	One Reporting P More than One R	
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquired Disposed (Instr. 3,	(A) o l of (D))	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/31/2008	Â	J	336 (1)	A	\$0	3,278	D	Â

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Common

Stock

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SEC 2270 (9-02)

By 401(k)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		3		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	An or Nu of S
Non-qualified stock options (right to buy)	\$ 17.99	Â	Â	Â	Â	Â	03/15/2012(5)	03/15/2017	Common Stock	10
Incentive Stock Option (right to buy)	\$ 8.69	Â	Â	Â	Â	Â	02/12/2000(2)	02/12/2009	Common Stock	12
Incentive Stock Options (right to buy)	\$ 6.94	Â	Â	Â	Â	Â	02/11/2001	02/11/2010	Common Stock	11
Incentive Stock Options (right to buy)	\$ 14.6	Â	Â	Â	Â	Â	02/06/2003(3)	02/06/2012	Common Stock	14
Non-qualified Stock Options (right to buy)	\$ 26.94	Â	Â	Â	Â	Â	12/19/2005(4)	03/22/2011	Common Stock	10

Reporting Owners

Reporting Owner Name / Address	Relationships						
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
Robinson Eliot S 650 FIFTH AVENUE 4TH FLOOR NEW YORK, NY 10019	Â	Â	Exec VP Sterling National Bank	Â			

Signatures

/s/ Robinson, Eliot S	01/28/2009		
**Signature of Reporting Person	Date		

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These common shares were acquired through a shareholders' dividend reinvestment program.
- Options became exercisable in two installments on the first anniversary of the grant, for a term of 10 years from date of grant (first exercisable date listed).
- Options became exercisable in three installments on the first anniversary of the grant, for a term of 10 years from date of grant (first exercisable date listed).
 - On December 15, 2005 the Board of Directors voted to accelerate the vesting and exercisability of any outstanding unvested and unexercisable non-qualified stock options granted to officers on March 22, 2005 effective as of December 19, 2005; provided, however,
- that transfer of shares acquired by such exercise is restricted until the date that the option would have been exercisable prior to such change. Such restrictions on transfer will expire as to 10% of the grant on the first anniversary of the date of grant, an additional 15% of the grant on the second anniversary of the date of grant, an additional 25% of the grant on the third anniversary of the date of grant and the remaining 50% of the grant on the fourth anniversary of the grant.
- (5) Non-qualified options become exercisable commencing on the fifth anniversary of the grant for a term of 10 years from grant date (first exercisable date listed).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.